



MEEC STUDENTS AT THE NSCC MAWIO'MI

Important Dates

April 9 - General Chief and Council Meeting

Please visit <u>www.millbrookband.com/events</u> for upcoming events! Or use this QR code -> Sign up to our mailing list from our website (located at the bottom of the homepage.)

The Eskasoni Crisis Line

Toll Free number 1-855-379-2099 (Mi'kmaw and English)





Millbrook Administration Office

Mailing Address

Millbrook Administration P.O. Box 634 Truro, NS. B2N 5E5 **Business Hours**

<u>Monday- Thursday</u> 9:00am-12pm / 1:00pm-4:30pm <u>Friday</u> 9:00am-12pm / 1:00pm-4:00pm

Phone Numbers

Millbrook Office 1 (902) 897-9199 <u>Toll Free</u> 1 (800) 693-3112

Chief and Council Meeting

Tuesday, April 9th, 2024

Deadline for letter submissions and booking time to see Council is **Thursday, April 4th, 2024 at noon.** Contact the Administrative Assistant to Chief and Council - Suzzanne Penney at Phone: (902) 897-5877 or e-mail: <u>spenney@millbrookfn.ca</u>

Please include your full name, contact information and subject of your request.

Minutes

For up to date minutes from Chief and Council please check online at: <u>https://www.millbrookband.com/minutes</u>

Website & Facebook Page ഗ

Millbrook's Website - <u>www.millbrookfn.ca</u>

Millbrook's Official Facebook Page - https://www.facebook.com/MillbrookFirstNation/

E-mail: <u>ngloade@millbrookfn.ca</u> to have your information posted online.

Please contact employees directly, our social media channels are not monitored for comments.

2024 Schedule for Chief and Council Meetings

Month	Days	General Chief and Council Meeting	Days	Economic Development & Project Consultation
April	Tuesday	April 9, 2024	Tuesday	April 30, 2024
May	Tuesday	May 14, 2024	Tuesday	May 28, 2024

No Dumping at MicMac Ave or Tower Road

Please get in touch with the Housing Department before dumping at Mic Mac Ave or Tower Road. After gaining permission from the Housing Department, you will be responsible for maintaining the site as is (bulldozing the dumped material over the edge), leaving it in its original state. Contact Lorne Paul at <u>lpaul@millbrookfn.ca</u> or Cell: (902) 890-4863 / Chantel Langille at <u>clangille@millbrookfn.ca</u>.



Millbrook Rath Eastlink Community Centre Family Skate - Sunday Mornings

Sunday morning ice times at the R.E.C.C. starts at 8:00-9:00 am, April 7,14, 21, 28.

Booking the Community Hall

To book the Community Hall please contact Natasha Bernard at (902) 897-9199

Cell: 902 324-9261 e-mail: nbernard@millbrookfn.ca

<u>Costs</u>

Organization rental fees: \$200/half day rental and \$400/full day rental charge

Millbrook member rental (Small): Small events, deposit of \$100.00 (will be returned after cleaning)

Millbrook members rental (Large): Band members wanting to book the hall for a larger event such as a wedding reception/dance the cost is a deposit of \$500. They must clean the hall afterwards, put all chairs and tables away. After inspected they can receive \$300.00 back.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

Medical Reimbursements

Medical Reimbursement Forms are required to be completed in full to claim eligible reimbursements, then delivered or mailed to the Health Centre. Any receipts without a reimbursement form will not be accepted. Original receipts showing the item or service, the recipient's name, a current mailing address, and the amount are required. Before purchase, it is recommended that you call the Health Centre to find out if the item or service is eligible for reimbursement. Personal insurance and NIHB must be billed before receipts are sent to the Health Centre.

The medical reimbursement form can be accessed online at <u>www.millbrookband.com</u> under Forms & Policies, at the Band Office or at the Health Centre.

Updated Documents

- Updated **December 13, 2023 Housing Policy** is available on the website.
- June 2024 Millbrook Enterprise Credit Application Form is available on the website & front desk.

Upcoming Community Events

- 射 April 4 Millbrook Community Market
- **April 4** Education Community Access Time
- **April 8-9** Appliance Repair Course
- April 9 Chief and Council Meeting
- April 11 Career Exploration Workshop
- April 19 Resume Building and interview techniques
- 射 April 20 Safetalk Workshop
- April 25 Non-violent Crisis Intervention Course
- **غ April 26** Parent TOT Workshop



Social Assistance

Social Assistance Cheques are scheduled for: Thursday, April 11 & 25.

Applications are available at the Reception desk at the Millbrook Administration Office.

Millbrook's Newsletter Deadline - Saturday, April 20th, 2024

The deadline is the 20th of each month.

Send your content to: ngloade@millbrookfn.ca

Be sure to include ALL relevant information (including the who, what, when, where, why and how to find out more) and be sure to submit it in advance of the event date (the earlier you share the better).

Please ensure it's in an editable format.

Home Insurance

Millbrook First Nation's insurance covers the structural costs of CMHC houses and Millbrook-owned homes on reserve. Please note that the contents inside the homes, including the appliances, are not insured by Millbrook First Nation. It is important to protect your belongings and one way to do that is to consider purchasing home insurance for the contents of your home. This became apparent after the recent flooding of basements that occurred in Millbrook's communities last year. If Millbrook members are interested in home contents insurance, they will be responsible and it will not be covered by the First Nation. Questions? Please reach out to Millbrook's housing department.

Housing Inspections

The Housing Department has been working collaboratively with other organizations and government agencies with the hopes of obtaining funding for housing repairs. In order to be eligible for the housing repairs, housing inspections will be mandatory for the funding.

Those who contact the Housing Department to be added to the list will be first priority, but it's mandatory for all houses to be inspected. Anyone who doesn't answer the door for their scheduled appointment will be dropped down to the end of the list.

Please contact Krista Paul at <u>kpaul@millbrookfn.ca</u> or by phone at 902-890-2518 to be added to the housing inspection list, if you need to reschedule your appointment or if you have any questions.

Housing Repairs

Please be advised that any housing repairs must be approved by the Housing Department before any work is started, if you wish to receive reimbursement.

If you have any questions, please feel free to contact us by phone or email.

Lorne Paul Director of Housing lpaul@millbrookfn.ca Work: (902) 897-9199 Cell: (902) 890-4863 Or

Chantel Langille Housing Project Officer clangille@millbrookfn.ca



Millbrook First Nation Department of Education Newsletter

Lunch Allowance and Attendance

In September we had sent notice of a change to our Lunch and Attendance Programs to ensure seamless service to community. As we move into the final months of the school year, we want to remind parents and students of the following:

- 1. All lunch allowances are paid in full September May.
- 2. Attendance reports have been submitted from schools and attendance has been audited for each student.
- 3. Students who have missed 30 days from September May will not receive a June cheque as they have been paid in advance but did not attend.
- 4. Students in grades 7-12 who miss more than three days per month will not receive Attendance Initiative.
- 5. If students and parents are unsure if their attendance reports have been submitted, they may submit the attendance recorded in Power School to <u>eduadmin@millbrookfn.ca</u>.

Post-Secondary Deadlines for Spring/Summer Application

Please be reminded to contact <u>msani@millbrookfn.ca</u> if you are continuing studies throughout the Spring and Summer semesters at your institution as you will need to apply for funding prior to enrolment. The deadline for submission is May 15th, or earlier depending on when courses start for Spring semester.

Living Allowance for Spring and Summer applicants will commence once all documents are submitted to Millbrook First Nation Department of Education and approved by the Director. Applications will not be approved without the receipt of final transcripts for the previous semester.

The last Living Allowance for students in the 2024 Winter Semester will be issued on or before March 27th, 2024.

Summer Student Employment Postings

Please note that the update for Summer Student Positions will be posted on the Millbrook First Nation Website, under FORMS. There will be limited positions this summer and in preparation, please make sure to attend a resume writing workshop and interview skills.

Intent to Graduate and Graduation Photos

Students who are graduating High School and Post-Secondary are encouraged to send us an email as we are excited to host graduation events this year and reward you for your hard work! Send us your Graduation Picture and community address as we will order Banners soon! Please contact <u>eduadmin@millbrookfn.ca</u> with your intent to graduate and photo. Please send us information on special awards or achievements so that we can highlight your accomplishments.

New Employees



My name is **Angela MacDonald**, and I have been a Registered Dietitian and Diabetes Educator for over 20 years. I am happy to begin my new role in April as the **Community Dietitian** for Millbrook First Nation.

I graduated from Saint Francis Xavier University with a Human Nutrition degree and completed my internship in Calgary, Alberta. My first nutrition role was a Diabetes Dietitian for Cree First Nation fly-in communities in Northern Ontario. After three years of working in the north I accepted a Community Dietitian position with the Union of Nova Scotia Mi'kmaq (UNSM). Given my love of community dietetics I stayed in this role for 17 years. Before leaving UNSM I completed my Master of Education at Cape Breton University. With a curiosity for education, I accepted a position as a Dietetic Educator and Instructor with StFX University and have occupied this role for almost two years. Despite the rewarding work of learning alongside students I feel the need to return to community dietetics. I balance my work with the pride of being a mom of two children aged 14 and 17 and have been happily married for over 20 years. My approach is to meet clients where they are in their healthy living journey. I am looking forward to reaching out and connecting for ideas on how to best support the community.

Hey, lovely people! I'm Suzanne Brooks, a proud mama to my wonderful daughter, Keaghan Arianna. Currently, I'm beyond excited to be the Mental Health Navigator in Millbrook, where I get to showcase the amazing support and services our community has to offer. As a social worker, I strongly believe in the power of collaboration and coming together to uplift one another.

On my own healing journey, I've been walking the Red Road for over three years, and it's been a transformative experience. Join me as I navigate through life, striving to keep my wellness in check and embracing the beauty of each day.

Suzanne Brooks

Mental Health Navigator

Millbrook Health Centre 812 Willow Street, Truro, NS B2N 6N7 (902) 895-9468

(902) 899-5106







Millbrook Early Education Centre News

Important Dates in April

Monday, April 1,2024 Centre Closed Easter Monday

Thursday, April 4,2024Early Closure 12:00pmAll Band Staff Meeting

Friday, April 26,2024 Parent Tot Workshop 0-2 Year Olds Time: 10:00am-11:00am

Kind reminder: Preschool 8:30-2:00 Primary 8:30-2:30

If your child is unable to attend school, please contact their head teacher.





Winter Carnival 2024











<u>Contact Us</u> 902-897-1249 or 902-897-0445

Ext. 101 - Assistant Manager - Cheryl Ext. 102 - Preschool 4 – Susan & Amy Ext. 103 - Daycare – Genny, Levi & Sunshine B. Ext. 104 - Preschool 3A – Jessica & Amanda Ext. 105 – Preschool 3B- Jaquinn & Leslie Ext. 105 – ASP - Leslie, Melinda & Amanda Ext. 107 - Primary - Emma & Melinda Ext. 108 - SLP - Christina Ext. 109 - Manager- Sylvia M. Martin Manager's Email: smmartin@millbrookfn.ca



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Parent Tot Workshop

Millbrook Community Newsletter April 2024



(0-2-year-olds) Millbrook Band Members & Community Members

Where: Millbrook Early Education Centre When: Friday, April 26,2024 Time: 10:00am-11:00am

Come and learn some fun rhymes and fingerplays, make some exciting crafts and activities with your child, and enjoy a great book to take home.

"Baby's very first touchy-feely book"

Sign up at the Millbrook Early Education Centre or call 902-897-0445 or email smarshall@millbrookfn.ca.

If you are unable to bring your child, have someone else bring them, such as a grandparent, godparent, aunt, or uncle.











Food Social and Ceremonial Fisheres (FSC)

Are you planning to fish for Food, Social, and Ceremonial (FSC) purposes this year?

Each year the Millbrook Community updates the Millbrook Food, Social and Ceremonial (FSC) Guidelines. We've created this article to update you on Millbrook's 2024 FSC Community Guidelines for Lobster/Jakej, Salmon/Plamu and Multispecies.

The plans are administered right here at your own Fisheries Office at **25 Treaty Trail**, Millbrook. We are working together to ensure that FSC fishing is respected and that all species are protected for future generations.

How do you get started?

Contact the Fisheries office at 902.897.0435 to set up an appointment

Treaty/Livelihood Fisheries

Registration has begun for Millbrook's Interim Treaty Harvesting Lobster Livelihood Plan. Please visit the Fisheries building located at 25 Treaty Trail for information on how to fish under Millbrook's plan.

Commercial Fisheries

Our 2 snow crab vessels, the Chief Stephen J Gloade Sr & the Chief Stephen V Marshall Sr, hit the water on March 15 to begin harvesting Millbrook's crab quota. Good luck to all the fishers and may your catches be bountiful and safe!

Sheet Harbour

The Sheet Harbour wharf building is having old windows replaced, added some new heat pumps and did some restroom facility upgrades.

The Lobster Pound will be open for the 2024 (April) jakej/lobster season! We are very excited! Stay tuned for more news regarding this facility and our grand opening.

Fish & Wildlife Conservation

The Millbrook Fish & Wildlife Conservation Team have been busy preparing for the new position of Fish and Wildlife Officer. The team has been preparing for the move to their new location at 965 Willow Street (the old Fisheries office). The team was able to receive funds through the Aboriginal Fisheries Strategy (AFS) to purchase a new Zodiac, which will be on the water very soon! They have also been busy setting up training for the team.

Occupational Health and Safety

Logbooks were shared that the Commercial Captains use on a daily basis.

The fire system, (dry and wet) were replaced at 25 Treaty Trail.

Survival suits were inspected.

PFD jackets were replaced.

Ongoing training for all of our harvesters (Commercial, FSC and Treaty)

The Jakej/Lobster handling courses were held in Millbrook and Sheet Harbour were a success!



FIRST NATION

SCHEDULE FOR

NEW CHIEF AND COUNCIL FOR 2024

Meeting

Meeting

January 18, 2024 – Nomination Meeting

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Design Competition: Market logo

- Submit designs as a .jpg, .png, or .ai file.
- Use vectorised graphics (to ensure that the logo can be resized without losing quality)
- Can submit up to three designs
- Prize will be valued at \$500

Send designs to smorris@millbrookfn.ca

Deadline is May 31st, 2024.

We look forward to seeing your submissions!

Logo will be used for Market events as needed, as property of Millbrook First Nation, if design is accepted.



EMPLOYMENT OPPORTUNITIES - EDUCATION ASSISTANTS

The Millbrook Early Education Centre is looking for Education Assistants to fill multiple roles permanently full-time. The core hours are 8:00 – 4:00, Monday to Friday. The successful candidates will report directly to the Manager of Millbrook Early Education Centre. Education and Work Experience will determine salary.

Responsibilities:

- Recognize and responds to the needs of each child by using developmentally appropriate teaching and child behaviour management techniques.
- Shares the responsibility for planning, preparing, and implementing stimulating, age-appropriate activities to encourage the children's creativity and learning and promote each child's social, emotional, cognitive, and physical development.
- May be expected to work irregular hours to meet the facility's needs.

Qualifications:

- Diploma and/or Degree in Early Childhood Education
- Minimum 1-3 years' experience
- CPR and First Aid
- General knowledge of Mi'kmaq culture and language

Please email your Cover Letter and Resume to jobs@millbrookfn.ca

DEADLINE TO SUBMIT INTEREST: APRIL 8, 2024, at 11:59pm

Please note: While we welcome all qualified applicants to apply, preference will be given to individuals of Indigenous descent in accordance with the Aboriginal Employment Preference Policy. Only qualified candidates will be contacted.



Millbrook Community Newsletter April 2024



SUMMER STUDENT EMPLOYMENT OPPORTUNITY

Millbrook Education Department is seeking students aged 15 - 30, including high school to post-secondary, for a short-term employment of 7 weeks for the following possible positions:

- Maintenance
- Construction
- Youth Camp Summer Camp Counsellor
- Tiny Tots Camp Summer Camp Counsellor
- Sports Camp Summer Camp Counsellor
- Rec Camp Summer Camp Counsellor
- Fisheries Office
- Millbrook Security

Please note: all students *must* be returning students in the fall to qualify for this opportunity.

START DATE: July 2nd, 2024. **END DATE:** August 16th, 2024.

Application deadline: Wednesday, May 15th, by 4:30 pm

Only those applicants who provide an up-to-date resume along with a cover letter, completed application form and qualify for an interview will be contacted. The successful candidate may be required to submit a current criminal record check.

Please identify which position you are interested in applying for in your cover letter (no guarantees) and send everything electronically or by mail to:

Monica Sani

Education Programs Coordinator P.O. Box 634 Truro, NS B2N 5E5 Cell: (782) 370 - 0910 Email: msani@millbrookfn.ca

Stephanie Wright

Administrative Assistant – Educational Services P.O. Box 634 Truro, NS B2N 5E5 Phone: (902) 897-9199 ext. 126 Email: swright@millbrookfn.ca



Social Enhanced Assistance Benefits Program

We Are Seeking Social Clients to Volunteer to take part in our Case Management Program. This program was developed to help remove financial barriers and empower clients while building strengths, knowledge, and skills to help you achieve your goals.

- Are you a Social Client interested in enhancing your strengths and skills?
- Do you want to enhance the overall quality of life?
- Do you want to get out in the community and be more involved?

If you answered YES to any of these questions, our program is for you! **Case Management**

- To address the needs of Mi'kmaw families for food security, housing, health, education and training to promote self-reliance,
- To enhance the overall quality of life for those living in Mi'kmaw Communities by fulfilment of potential and well-being,
- A positive new way to provide social services to the 13 Mi'kmag communities of Mi'kma'ki.

The primary goal of the Social Enhanced Assistance Benefits Program is to reinforce traditional Mi'kmaw structures and community systems of caring for and supporting clients while working toward the fulfillment of goals and becoming self-reliant.

All social recipients are encouraged to apply. If applicants are eligible, recipients will have the four basic areas necessary to sustain a person in need and move them from poverty to an improved standard of living. Depending on your situation, you may be able to collect from more than one area, which are basic benefits, social housing benefits, health benefits, training, and employment benefits. Recipients will then participate in case management, where we will decide on an appropriate number of sessions based on the barriers keeping you from your short- and long-term goals and the approximate amount of time you need to accomplish them. During our one-on-one case management sessions, we will develop your case plan so you can begin your journey.

All our meetings will be discreet and confidential.

To set up your initial appointment or if you would like to know more about the program, please reach out!

> Your Case Manager Courtney Cope at: <u>ccope@millbrookfn.ca</u> or Call/Text me at 1-902-899-7704/1-902-897-9199



Millbrook Community Newsletter April 2024

ARE YOU A SOCIAL CLIENT INTERESTED IN APPLIANCE REPAIR COURSE?



"Because broken things deserve a second chance."

Unlock New Skills: Enroll in Our Appliance Repair Course!

Expand Your Horizons and Boost Your Career

Are you ready to take your skills to the next level? Whether you're a seasoned professional or just starting out, our Appliance Repair Course is designed to empower you with practical knowledge and hands-on experience.

April 8th & 9th, 2024 9:30am-4:30pm Millbrook Senior Centre Please call and register with Courtney Cope at (902) 899-7704 ccope@millbrookfn.ca



- Snack and lunch provided
- Door Prizes & a Grand prize (for those who have completed the course)
- · Open to Millbrook, Pictou, and Sipekne'katik Social Clients
- Pictou Contact: George Frasier at george.f@plfn.ca, (902)752-4912
- Sipekne'katik Contact: Janice Paulette at jpaulette@sipeknekatik.ca, (902) 751-0981



MILLBROOK ADMINISTRATION SOCIAL DEPARTMENT

SOCIAL DEVELOPMENT ADMINISTRATOR - BARRY MARTIN ASSISTANT SOCIAL DEVELOPMENT ADMINISTRATOR - MARGARET PHILLIPS SOCIAL CASE MANAGER - COURTNEY COPE 820 Willow Street, Millbrook Nova Scotia 902-997-9199 EXT. 112 | 902-899-7704 | ccope@millbrookfn.ca | www.millbrookfn.ca

<u>COME OUT AND MEET!</u>

Truro Elementary, Truro Middle, and CEC's Academic Support Team during the Community Access Time (CAT) at the Senior's Centre

IT IS REPORT CARD SEASON; IT IS PARENT-TEACHER TIME... IF YOU HAVE QUESTIONS, WE WILL DO OUR BEST TO GET YOU THE ANSWERS!

> Next Community Access Time is; Thursday, April 4th, 2024 1:00 pm - 3:30 pm Millbrook Senior's Centre

There will be some light snacks and refreshments. Also, a chance to win a Gift Card.

Alternate appointments can be scheduled with the team by emailing Juliana at: paulje@ccrce.ca

2024 MILLBROOK STUDENT SUMMER EMPLOYMENT PROGRAM

APPLICATION FORMS WILL BE AVAILABLE ON Monday, March 25th, 2024.

The following rules and regulations will be strictly adhered to.

The Millbrook Summer Employment Program's purpose is for students to gain work experience and develop skills in various employment areas.

Due to the large number of eligible students and fiscal accountability, not all students who apply and are interviewed will be hired.

This is the only Summer Employment Program funded by Millbrook Chief and Council. Eligible students will be Millbrook Band Members and/or Status Community Members in Grade 9 or above, 15 years of age and/or under 30 years of age, in good standing with their school, and returning in the Fall. There will be no exceptions to these rules.

Post-secondary students are eligible only if they have had <u>no more than one year's</u> <u>disruption</u> in their education and have never held a full-time job. Attendance, work ethics while at school and your performance at last year's summer placement will all be factors that are highly considered during the placement process.

Please make sure the phone number you provide on your application is one you can be reached at. Students will be notified by phone of interview times; if you miss your interview another one will not be granted.

All applicants <u>MUST</u> have a Social Insurance Number to apply for summer employment. <u>NO EXCEPTIONS</u> can be made.

Summer jobs will be for seven weeks, and all employment will start on Tuesday, July 2nd, and end on Friday, August 16^{th,} 2024.

The Closing Date is Wednesday, May 15th, 2024, by 4:30 p.m. Only applicants who provide an up-to-date resume along with a cover letter and completed application form and qualify for an interview will be contacted. NO EXCEPTIONS.



MONTHLY DROP IN SESSIONS



Millbrook | Sheet Harbour | Cole Harbour & Beaver Dam

Millbrook First Nation is hosting monthly drop in sessions every month in each of our locations (Millbrook, Sheet Harbour, Cole Harbour & Beaver Dam).

Band Members can meet with Chief & Council and Administration Staff to share concerns, or to seek information in a small group setting. Light refreshments will be provided.

Mo Tuesday M Senio 841 Wi	lbrook reting May 7th, 2024 or Centre illow Street - 5:00 PM	Tue	Sole Harbour Meeting sday May 7th, 2024 A-Frame 55 Caldwell Road 1:00 - 5:00 PM	Sheet Harbour Meeting Tuesday May 7th, 2024 Sheet Harbour Wharf 64 Church Point Road 1:00 - 5:00 PM
MONTH (2024)	SENIOR CENTRE		COLE HARBOUR	SHEET HARBOUR
May	Tuesday, May 7th,		Thursday, May 9th	Thursday, May 16th
June	Tuesday, June 4th		Thursday, June 13th	Thursday, June 20th
July	Thursday, July 4 th		Thursday, July 11th	Thursday, July 18 th
August	Thursday, August 1	લ	Thursday, August 8th	Thursday, August 15 th
September	Thursday, Septemb	per 5th	Thursday, September 12	h Thursday, September 19 th
October	Thursday, October	r 3rd	Thursday, October 10th	Thursday, October 17th
November	Thursday, Novemb	xer 7 th	Thursday, November 14	h Thursday, November 21st
December	Thursday, Decemb	er 5th	Thursday, December 12	h Thursday, December 19th

FIRST NATION



Millbrook Employment & Training

Offering a full day resume building & interview techniques for High School Students. This is beneficial for <u>any high school student</u> that would be looking for summer employment. Facilitated by Nova Scotia Works.

> When: April 19th Time: <mark>9:30am – 3:00pm</mark> Where: Millbrook Community Hall

Lunch Provided There will also be door prizes. Must be there at end of the day to claim your prize.

> To sign up email Beth Paul at bpaul@millbrookfn.ca or call/text 902-890-3131

Please mention any allergies or dietary restrictions when signing up.



M



Resume Writing Support Drop In For April 2024

Looking for work?

Need to create or update your current resume?

Millbrook Employment & Training (METS) is offering drop-in Resume Support April 2nd,16th 23rd & 30th

Services that will be provided:

- Access to a computer
 - Free printing
 - One on one support

Walk ins welcome during the drop in hours on Tuesdays at the Millbrook Band Office from 10am-1pm

f you have any questions, please contact Amy Gloade or Beth Paul Millbrook Employment & Training Officer Email: <u>agloade@millbrookfn.ca</u> or <u>bpaul@millbrookfn.ca</u> Cell: 902-890-3131

APRIL 2024

MILLBROOK EMPLOYMENT & TRAINING CALENDAR

SUN		MON		TUE	WED		тни	FRI	SAT
		Easter Mc	01	02 Resume Writing Support 10am-1pm		03	04	O5 GED CLASS 9am-12pm 1pm - 4pm	06
	07		08	09	•	10	11 Career Exploration Workshop Milbrook Community Hall 9am - 12pm	12 GED CLASS 9am-12pm 1pm - 4pm	13
	14		15	16 Resume Writing Support <mark>10am-1pm</mark>	,	17	18	19 Resume Writing & Interview Techniques (For High School Students) Millbrook Community Hall 9:30am-3pm	20
	21		22	23 Resume Writing Support 10am-1pm		24	25 NVCI Course Super 8 9am -4pm	26 GED CLASS 9am-12pm 1pm - 4pm	27
	28		29	30 Resume Writing Support 10am-1pm)				



Facilitated By: Nova Scotia Works



When: April 11th Time: <mark>9:00am – 12:00pm</mark> Where: Millbrook Community Hall

About

Yourself

Identify

Your

Skills

Light snack provided

Door prizes that will be drawn at the end. Must be there to claim your prize.

To sign up email or call/text Beth Paul at <u>bpaul@millbrookfn.ca</u> or 902-890-3131



Course Objective: To learn more about yourself and your interests to helps guide you into a job or career that is best for you.

Millbrook Employment & T<mark>rai</mark>ning





Non-Violent Crisis Intervention Course Rescheduled

Millbrook Employment & Training is offering a I-day Non-Violent Crisis Intervention Course

> When: April 25th, 2024 Time: 9:00am – 4:00pm Where: Super 8 Hotel Lunch will be provided

Door prizes will be drawn at the end of the day. You must be there to claim your prize.

To sign up you can email Beth Paul at <u>bpaul@millbrookfn.ca</u> or call 902-890-3131 <u>Please mention any allergies or dietary</u> <u>restrictions when signing up.</u>



Objective of this course is: To provide you with tools that can help you manage those who may be potentially violent either verbally or physically.



Native Council of Nova Scotia

The Self-Governing Authority for Mi'kmaq/Aboriginal Peoples residing Off-Reserve in Nova Scotia throughout traditional Mi'kmaq Territory "Going Forward To A Better Future"

P.O. Box 1320 Truro, Nova Scotia B2N 5N2 Tel: 902-895-1523 Fax: 902-895-0024 1-800-565-4372 *email:* info@ncns.ca *Website:* http://www.ncns.ca

Aboriginal/Treaty Rights Negotiations Facilitating Directorate

Education & Student Services

> Rural & Native Housing Group

Aboriginal Peoples Training & Employment Commission (APTEC)

Social Assistance Recipient Support for Employment & Training (SARSET)

> Micmac Language Program

Native Social Counselling Agency

Child Help Initiative Program (CHIP)

E'pit Nuji Ilmuet Program (Prenatal)

Netukulimkewe'l Commission To Whom This May Concern,

My name is Tiffany from Rural and Native Housing. I work alongside Tim Labrador (Housing Officer). Our program helps off-reserve rural low-income Aboriginal homeowners by bringing existing housing stock in Nova Scotia up to realistic levels of health, safety, and durability. We ask that if you have any Aboriginal clients or know anyone who can benefit from this program who live off-reserve forward this message onto them. We would love to help in any way we can.

For more information about the program or any questions that they may have, you can contact us by phone, (902)354-2751 or by e-mail, housingadmin@ncns.ca.

Sincerely,

Tiffany Miller RNH Admin Support

Community Income Tax Program

Canada Revenue Agency

Attention: MILLBROOK BAND MEMBERS

Do you need your income tax done? If you would like your Income Tax done at the Millbrook Band Office, please bring the following information that is required.

(Please Print)

Applicant	Information
Name:	Phone:
Address:	Postal Code:
SIN#	Date of Birth: D/M/Y
Martial Status:	Band # 10 Digits
Spousal	Information
Name:	Date of Birth: D/M/Y
SIN#	Band #
Children	Information
	Date of Birth: Day/month/year
1.	M/F
2.	M/F
3.	M/F
4.	M/F
5.	M/F

Please note: We need any <u>T4, T4E, T4A, CPP,OAS, and</u> if you have worked or get Old age Pension. I cannot process incomplete forms. So please have ALL your information together <u>BEFORE</u> bringing it to the Band Office. If you want <u>DIRECT DEPOSIT</u>, you must contact Canada Revenue

> Natasha Bernard Wela'lioq ©

Millbrook Early Education Centre **REGISTRATION FORM**

f Part time Davages solast - 2 F	5	\Box Preschool 3 \Box Preschool 4 \Box Primary
If I alt-time Daycare, select: $\Box 2 \Box$	Days (Tuesday & Thursday) or □ 3 I	Days (Monday, Wednesday, Friday)
(Select one) Times for Daycare:	□ 8:00am-4:00pm □ 8:30am-4:	30pm 🗆 9:00am-5:00pm
Does your preschool/primary chi	ild require after school program	mming? Yes or No
(For preschool) Is your child toile	et trained? Ves or No	
Personal Information		
Full Name of Child:		Date of Birth:
Address:	City/Town:	Postal Code:
Is child registered with a First Na	ation Community? □ Yes or [] No
If YES, indicate community:	10-Digit Indian	Registry (Band) Number:
Parent/Guardian Information		
Parent/Guardian Name:		Tel:
Parent/Guardian Name: Email:		
Parent/Guardian Name: Email: Parent/Guardian Name:		Tel: Tel:
Parent/Guardian Name: Email: Parent/Guardian Name: Email:	bild (Over 18 veers)	
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A medical plan will need to be developed if there are any medical or allergies issues. Should there be any other information you require our Centre to know please contact the Manager.

Parent/Guardian Signature

Date



Community and Public Safety Phone Line

To report any security or by-law related concerns or infractions all Millbrook members should call the **Community and Public Safety phone line at 902-956-4164** between 9 am – 4 pm.

Millbrook Security and By-law team now has a new office at 905 Willow Street.

If a community member is in danger or witnesses criminal activity, it is important that they call 911 or the local Millbrook or Cole Harbour, Sheet Harbour detachment of the RCMP. Please note that the security team cannot report incidents on your behalf. For a more detailed list visit <u>https://www.millbrookband.com/rcmp</u>.



Millbrook's Security Services

Millbrook's security team is responsible for keeping Millbrook's community safe and secure. They work around the clock and are on call 24 hours a day. Their duties include patrolling the neighbourhoods of Millbrook and Cole Harbour because having a physical presence in the community is a deterrent for minor damage or other unsavoury activities. They are trained to identify unusual activity and pay attention to detail to reduce risks to the community. In addition, they observe and report suspicious activity that may be criminal.

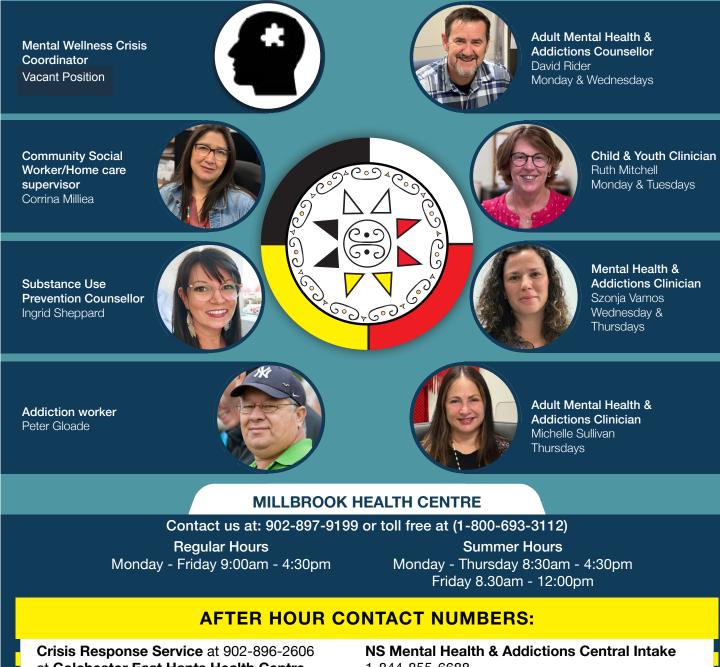
<u>Millbrook Bylaw & Security</u> <u>Contact Information</u>

<u>By-law Officer</u> - Cell (902) 899-5240 e-mail: <u>afrancis@millbrookfn.ca</u> <u>Millbrook Security</u> - Cell (902) 956-0114 e-mail: <u>security@millbrookfn.ca</u>

Cole Harbour Security - Cell 902-240-0993

Sheet Harbour Security - Cell 902-885-2219

Millbrook Health Centre Mental Wellness Team



at Colchester East Hants Health Centre (1-800-460-2110 ext. 42606) 8:30am - 4:30pm

Provincial Mental Health Crisis Line: 1-888-429-8167

Eskasoni Crisis Line 1-855-379-2099 or on Facebook Eskasoni Crisis Worker

Millbrook RCMP 902-893-6819

1-844-855-6688

NS Help Line Call 221

NS Mental Health Crisis Line 1-888-429-8167

Kids Help Line 1-800-668-6868

Etli-Npisimkek Counselling & Consulting Services - Michelle LeBrun - Clinician Therapist etlinpisimkekcounselling@gmail.com 902-759-2839



∑ ^µ Z	Saturday	6 Market 9–1 Mavie Night 5–11	13 Spa Night 5-11	20 Bingo 5-11	27 Drum Making Noon-3pm		
	Friday	5 Gym 5-11	12 Gym 5-11	19 Youth Engagement Meeting 5-11	26 Gym 5-11	Drop in hours Tues -Thurs 4-9pm Fri & Sat 5-11pm	
	Thursday	4 Sewing 4-9	11 Tie Dye 4-9	18 Diamond Art 4-9	25 Game Night 4-9	For more information please contact the Youth Centre Lead Alyssa Abram at 902–899–5206 or aabram@millbrookfn.ca	*
2024 0	Wednesday	3 Beading 4-9	10 Painting 4-9	17 Special Guest TBA 4-9	24 Cooking Class 4-9	For more informatio Youth Centre Lead 902-899-5206 or ad	*
	T U U U U I I	2 OSO Meeting 4-9	9 Homework Help 4_9	16 Self-care Kts 4-9	23 Special Guest 4-9	30 Life Skills 4-9	
	Monday	L	œ	15	22	29	
	Sunday		7	14	21	28	** *



SUMMER STUDENT EMPLOYMENT APPLICATION 2024

NAME:	TELEPHONE:
ADDRESS:	
AGE: DATE OF BIRTH:	FULL BAND NUMBER
BAND NAME:	
SOCIAL INSURANCE NUMBER	
1ST CHOICE POSITION	
2ND CHOICE	
3RD CHOICE	

UNIVERSITY/COMMUNITY COLLEGE STUDENTS - Please sign on the line to give permission for Art Stevens and/or Monica Sani to release this year's post-secondary records to the hiring committee:

NAME AND TELEPHONE NUMBERS OF TWO REFERENCES WHO <u>ARE NOT FAMILY MEMBERS</u> AND WHO KNOW OF YOUR WORK ETHICS THAT WE MAY CONTACT:

YOUR VALID EMAIL ADDRESS

I hereby certify that the information in this application form is true and correct to the best of my knowledge. I understand that if any of it is found to be untrue, this application may be rejected.

SIGNATURE OF APPLICANT

DATE

* Office use only.

Received on _____

Cover Letter Attached	YES/NO
Resume Attached	YES/NO
Application Completed	YES/NO



June 2024 Millbrook Enterprise Credit Applicants

All completed <u>Direct Deposit</u> applications will be deposited on <u>June 13th, 2024</u>. Completed applications must be received by <u>May 30th, 2024 @4:30 pm</u>.

Completed applications requested to be issued by <u>Mail/Pick up</u> will be released <u>June 27th</u>, <u>2024</u>. Completed applications must be received by <u>June 6th</u>, <u>2024</u> @4:30 pm.

Completed applications received after <u>the June 6th</u>, <u>2024</u>, <u>deadline</u> will be released by mail once per week. No direct deposits.

Applicants requesting direct deposit must provide one of the two listed documents.

- Void Cheque belonging to the applicant.
- Direct Deposit Form from applicant's bank.

Please note:

- No Direct Deposits after May 30th, 2024.
- Any changes to banking information must be received by **May 16th, 2024.**
- Handwritten banking information and bank accounts not belonging to the applicant are no longer accepted.
- Please add the **full mailing address**; our financial team is updating to a new system.
- Reminder to Band members, it is your responsibility to provide a copy of your status card or proof of status.
- If your Status Card is expired or you do not have a Certificate of Indian Status, please contact the Millbrook Membership Clerk at Confederacy of Mainland Mi'kmaq (CMM) by telephone Toll-Free: 1-877-892-2424 Office (902)-895-6385, Ext. 108/109. Or by e-mail at membership@cmmns.com.
- In cases where band members owe money to Millbrook First Nation, the band will recover the funds from the Millbrook Enterprise Credit funds. Band members must apply each year until the receivable is paid off. Without an application, the band cannot apply the credit to the band member's receivable.
- Completed forms and all relevant documents can be scanned to <u>treatycredit@millbrookfn.ca</u> **Subject line**: First and Last Name.
- Please remember that cheques should not be deposited or cashed after 6 months. If you come across a cheque that is more than 6 months old, contact us, and we can reissue it.

MILLBROOK FIRST NATION

June 2024 Millbrook Enterprise Credit Application Form P.O. Box 634, Truro, N.S. B2N 5E5

Applications must be <u>completed in full</u> to be considered for this credit of **\$1250.00 CDN**. <u>The deadline is</u> <u>August 22nd, 2024. Any application received, or post marked after this date will not be accepted</u>. (Faxed Applications will not be accepted, please mail / scan & e-mail).

Please Select:	Mail Deadline June 6 th , 20	*Direct Deposit _ D24 Deadline May 30		e attached
First Name		Middle Name:		
				/ _{Month/Year}
Telephone # ()	E-mail:		Month Year
Full Mailing A	ddress:			
Apartment #:			City/Town:	
Province/State	e:		Postal Code/Zip code:	
Is this a new a	ddress since your last	application? Yes No]	
Millbrook Ente acknowledge t Millbrook Ente minors must b pmartin@millb he/she/they wi released. The l	erprise Credit any outs this Millbrook Enterpr erprise Credits payable e registered at the Co prookfn.ca to be place ill be required to fill o Band will NOT pay fo	plicant, do hereby agree and standing monies owed to the <i>N</i> ise Credit cannot be assigned to Band Members under 19 nfederacy of Mainland Mi'km ad on the Minor's Trust list. W ut the Millbrook Enterprise Tru or backlog of Trust Fund Credi	Millbrook Band as of the date to a third party and is only p years of age will be placed i aq and proof of status suppli hen that Band Member reac ust Fund Credit application t	e of my application. <u>Lalso</u> payable to the applicant. n a trust fund. All new ied to hes the age of 19, to have their funds
Mainland Mi'k	<mark>kmaq.</mark>			
If you have an	y questions, please ca	III 1-800-693-3112 or 902 893	7-9199.	
accepted. If yo Clerk. Toll Free: 1-87	ou do not have a Certi	f Indian Status (<u>front and back</u> ificate of Indian Status, proof r 902)-895-6385, Ext. 108/109.	nust be obtained from the N Or by e-mail at: membershi	1illbrook Membership
		the first of the share of the		• —
	<u>d matters (eg. newsle</u>	nission to use the above conta tters, election information, re on-reserve D off-reserve		unication purposes
Dated this	day ofA.E	0. 2024/25		

Signature of Applicant

Completed forms and all relevant documents can be scanned to <u>treatycredit@millbrookfn.ca</u> **Subject line: First and Last Name Witnessed by

Office Use Only / Date Stamp