

Please visit <u>www.millbrookband.com/events</u> for upcoming events! Or use this QR code -> Sign up to our mailing list from our website (located at the bottom of the homepage.)

Important Dates

- Monday, May 6 Millbrook Monthly Drop-in Session
- **Thursday, May 9** Cole Harbour Monthly Drop-in Session
- **Tuesday, May 14** General Chief and Council Meeting.
- **9 Wednesday May 15** Millbrook Health Fair
- *** Thursday, May 16** Sheet Harbour Monthly Drop-in Session
- **Tuesday, May 28** Economic Development & Project Consultation.
- **Tuesday, June 18** Millbrook First Nation Annual General Meeting



TELEPHONE: (902) 897-9199 TOLL FREE: 1-(800)-693-3112

MILLBROOK BAND ADMINISTRATION P.O. BOX 634 Truro, N.S. B2N 5E5

MILLBROOK ADMINISTRATION OFFICE

Mailing Address

Millbrook Administration P.O. Box 634 Truro, NS. B2N 5E5

Business Hours

<u>Monday- Thursday</u> 9:00am-12pm / 1:00pm-4:30pm <u>Friday</u> 9:00am-12pm / 1:00pm-4:00pm

Phone Numbers

Millbrook Office 1 (902) 897-9199 <u>Toll Free</u> 1 (800) 693-3112

Chief and Council Meeting

Tuesday, May 14th, 2024

Deadline for letter submissions and booking time to see Council is **Thursday, May 9th, 2024 at noon.** Contact the Administrative Assistant to Chief and Council - Suzzanne Penney by Phone: (902) 897-5877 or e-mail: <u>spenney@millbrookfn.ca</u>

Please include your full name, contact information and subject of your request.

Minutes

For up to date minutes from Chief and Council please check online at: <u>https://www.millbrookband.com/minutes</u>

2024 Schedule for Chief and Council Meetings

9 Tuesday, May 14 - General Chief and Council Meeting.

- **Tuesday, May 28** Economic Development & Project Consultation.
- Tuesday, June 11 General Chief and Council Meeting.
- **Tuesday, June 25** Economic Development & Project Consultation.
- **Tuesday, July 9** General Chief and Council Meeting.
- Tuesday, July 23 Economic Development & Project Consultation.
- **غ August** Summer Break
- **Hereich Tuesday, September 10** General Chief and Council Meeting.
- **Tuesday, September 24** Economic Development & Project Consultation.
- Tuesday, October 8 General Chief and Council Meeting.
- **Tuesday, October 22** Economic Development & Project Consultation.



MILLBROOK CHIEF AND COUNCIL ATTENDANCE RECORD 2024

| MEETING DATES-2024 | MAR 12/24 | MAR 26/24 | APR 9/24 | APR 30/24 | MAY 14/24 | MAY 28/24 | | | | |
|-----------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| | Chief & Council | Ec. Dev Meeting |
| | AM PM |
| | | | | | | | | | | |
| CHIEF ROBERT GLOADE | | | | | | | | | | |
| COUNCILLOR WARD MARKIE | | | | | | | | | | |
| COUNCILLOR LISA MARSHALL | | | | | | | | | | |
| COUNCILLOR PIUS KNOCKWOOD | | \checkmark | | | | | | | | |
| COUNCILLOR GERALD D. GLOADE | | \checkmark | | | | | | | | |
| COUNCILLOR CARLEY GLOADE | | \checkmark | | | | | | | | |
| COUNCILLOR ZACHARY JULIAN | | \checkmark | | | | | | | | |
| COUNCILLOR CHRIS GOOGOO | | \checkmark | | | | | | | | |
| COUNCILLOR ANISSA BLACKMORE | | \checkmark | 9:11 AM | | | | | | | |
| COUNCILLOR NATASHA BERNARD | | 9:18 AM | 9:14 AM | | | | | | | |
| COUNCILLOR COLIN BERNARD | | \checkmark | | | | | | | | |
| COUNCILLOR DANA SYLLIBOY | | \checkmark | | | | | | | | |
| COUNCILLOR GARRETT GLOADE | | \checkmark | | | | | | | | |

GENERAL CHIEF AND COUNCIL MEETING DATES ECONOMIC DEVELOPMENT PROJECT CONSULTATION DATES





MONTHLY DROP IN SESSIONS



Millbrook | Sheet Harbour | Cole Harbour & Beaver Dam

Millbrook First Nation is hosting monthly drop in sessions every month in each of our locations (Millbrook, Sheet Harbour, Cole Harbour & Beaver Dam).

Band Members can meet with Chief & Council and Administration Staff to share concerns, or to seek information in a small group setting. Light refreshments will be provided.

| | lbrook eeting | 0 | Cole Harbour Meeting | Sheet Harbour Meeting | |
|---------------|----------------------------------|-------------------|---|--|--|
| Senior Centre | | | sday, May 9 th , 2024 A-Frame 55 Caldwell Road 1:00 - 5:00 PM | Thursday, May 16 th , 2024 Sheet Harbour Wharf 64 Church Point Road 1:00 - 5:00 PM | |
| | | | | | |
| MONTH (2024) | SENIOR CENTRE DATES | | COLE HAREOUR DATES | SHEET HAREOUR DATES | |
| May | Monday, May 6th, | | Thursday, May 9th | Thursday, May 16 th | |
| June | Wednesday, June 5th | ۰ | Thursday, June 13th | Thursday, June 20th | |
| July | Thursday, July 4th | | Thursday, July 11th | Thursday, July 18th | |
| August | Thursday, August 1 st | | Thursday, August 8th | Thursday, August 15th | |
| September | Thursday, September | r 54 | Thursday, September 12 th | Thursday, September 19th | |
| October | Thursday, October 3 | rd | Thursday, October 10th | Thursday, October 17th | |
| November | Thursday, November | r Zth | Thursday, November 14 th | Thursday, November 21st | |
| December | Thursday, December | r 5 th | Thursday, December 12th | Thursday, December 19th | |



MILLBROOK ADMINISTRATION OFFICE

Website & Facebook Page

Millbrook's Website - <u>www.millbrookfn.ca</u> Millbrook's Official Facebook Page - <u>https://</u> www.facebook.com/MillbrookFirstNation/

E-mail: <u>ngloade@millbrookfn.ca</u> to have your information posted online.

Please contact employees directly, our social media channels are not monitored for comments.

Booking the Community Hall

To book the Community Hall please contact **Natasha Bernard at (902) 897-9199**

Cell: 902 324-9261 **e-mail**: <u>nbernard@millbrookfn.ca</u>

<u>Costs</u>

Organization rental fees: \$200/half day rental and \$400/full day rental charge

Millbrook member rental (Small): Small events, deposit of \$100.00 (will be returned after cleaning)

Millbrook members rental (Large): Band members wanting to book the hall for a larger event such as a wedding reception/dance the cost is a deposit of \$500. They must clean the hall afterwards, put all chairs and tables away. After inspected they can receive \$300.00 back.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

<u>Millbrook's Newsletter Deadline -</u> <u>Monday, May 20th, 2024</u>

The deadline is the 20th of each month.

Send your content to: <u>ngloade@millbrookfn.ca</u> Be sure to include ALL relevant information (including the who, what, when, where, why and how to find out more) and be sure to submit it in advance of the event date (the earlier you share the better).

Please ensure it's in an editable format.

Social Assistance

Social Assistance Cheques are scheduled for: Thursday, May 2, 16 & 30.

Applications are available at the Reception desk at the Millbrook Administration Office.

Updated Documents

- June 2024 Millbrook Enterprise Credit Application Form.
- Millbrook Senior Off-Reserve Home Assistance Program.
- Application for Millbrook Housing Repair Grant 2024/2025.
- Housing Subsidy Application.
- Millbrook Non-Band Members Health Services Application Form.





MILLBROOK COMMUNITY

Millbrook Rath Eastlink Community Centre Family Skate - Sunday Mornings

Sunday morning ice times at the R.E.C.C. starts at 8:00-9:00 am, Sunday May 5, 12, & 19.

Upcoming Community Events

- **غ Thursday, May 2 -** Community Cleanup Event
- **Sunday, May 5 -** NSNWA Red Dress Event
- Monday, May 6 Millbrook Monthly Drop-in Session
- Tuesday & Wednesday, May 7 & 8 Applied Suicide Intervention Skills Training
- **Tuesday, May 7** Monthly Elder Lunch with OSO
- **Tuesday, May 7** Youth Night with OSO Bench Build
- **غ Wednesday, May 8** CEC Mawio'mi
- Thursday, May 9 Cole Harbour Monthly Drop-in Session
- **غ Friday, May 10** Our Friends Play Time
- **غ Friday, May 10** Mother's Day Social
- **y Tuesday, May 14** General Chief and Council Meeting.
- **غ Wednesday May 15** Millbrook Health Fair
- **غ Wednesday, May 15** Millbrook Elders. Vision board
- **htter Thursday, May 16** Sheet Harbour Monthly Drop-in Session
- **غ Friday, May 17** Our Friends Play Time
- Monday, May 20 Closed for Victoria Day (All locations)
- **Wednesday, May 22** Cole Harbour Future Development Engagement
- **Thursday, May 23** Community Engagement Information Session Millbrook Apartments Cole Harbour
- **غ Friday, May 24** Our Friends Play Time
- **Tuesday, May 28** Economic Development & Project Consultation.
- **غ Tuesday, May 28** Mental Health First Aid Course
- **غ Sunday, May 26** Walk for Alzheimer's
- **غ Friday, May 31** Our Friends Play Time
- **غ Friday, May 31** Parent TOT Workshop
- **Tuesday, June 18** Millbrook First Nation Annual General Meeting

Medical Reimbursements

Medical Reimbursement Forms are required to be completed in full to claim eligible reimbursements, then delivered or mailed to the Health Centre. Any receipts without a reimbursement form will not be accepted. Original receipts showing the item or service, the recipient's name, a current mailing address, and the amount are required. Before purchase, it is recommended that you call the Health Centre to find out if the item or service is eligible for reimbursement. Personal insurance and NIHB must be billed before receipts are sent to the Health Centre.

The medical reimbursement form can be accessed online at <u>www.millbrookband.com</u> under Forms & Policies, at the Band Office or at the Health Centre.

The Eskasoni Crisis Line

Toll Free number 1-855-379-2099 (Mi'kmaw and English).



HOUSING DEPARTMENT

Home Insurance

Millbrook First Nation's insurance covers the structural costs of CMHC houses and Millbrook-owned homes on reserve. Please note that the contents inside the homes, including the appliances, are not insured by Millbrook First Nation. It is important to protect your belongings and one way to do that is to consider purchasing home insurance for the contents of your home. This became apparent after the recent flooding of basements that occurred in Millbrook's communities last year. If Millbrook members are interested in home contents insurance, they will be responsible and it will not be covered by the First Nation. Questions? Please reach out to Millbrook's Housing Department.

Housing Inspections

The Housing Department has been working collaboratively with other organizations and government agencies with the hopes of obtaining funding for housing repairs. In order to be eligible for the housing repairs, housing inspections will be mandatory for the funding.

Those who contact the Housing Department to be added to the list will be first priority, but it's mandatory for all houses to be inspected. Anyone who doesn't answer the door for their scheduled appointment will be dropped down to the end of the list.

Please contact Krista Paul at <u>kpaul@millbrookfn.ca</u> or by phone at 902-890-2518 to be added to the housing inspection list, if you need to reschedule your appointment or if you have any questions.

Housing Repairs

Please be advised that any housing repairs must be approved by the Housing Department before any work is started, if you wish to receive reimbursement.

If you have any questions, please feel free to contact us by phone or email.

Lorne Paul Director of Housing lpaul@millbrookfn.ca Work: (902) 897-9199 Cell: (902) 890-4863 Or

Chantel Langille Housing Project Officer clangille@millbrookfn.ca

No Dumping at MicMac Ave or Tower Road

Please get in touch with the Housing Department before dumping at Mic Mac Ave or Tower Road. After gaining permission from the Housing Department, you will be responsible for maintaining the site as is (bulldozing the dumped material over the edge), leaving it in its original state. Contact Lorne Paul at <u>lpaul@millbrookfn.ca</u> or Cell: (902) 890-4863 / Chantel Langille at <u>clangille@millbrookfn.ca</u>.



EDUCATION DEPARTMENT

Lunch Allowance and Attendance

In September we had sent notice of a change to our Lunch and Attendance Programs to ensure seamless service to community. As we move into the final months of the school year, we want to remind parents and students of the following:

- 1. All lunch allowances are paid in full September May.
- 2. Attendance reports have been submitted from schools and attendance has been audited for each student.
- 3. Students who have missed 30 days from September May will not receive a June cheque as they have been paid in advance but did not attend.
- 4. Students in grades 7-12 who miss more than three days per month will not receive Attendance Initiative.
- 5. If students and parents are unsure if their attendance reports have been submitted, they may submit the attendance recorded in Power School to <u>eduadmin@millbrookfn.ca</u>.

Post-Secondary Deadlines for Spring/Summer Application

Please be reminded to contact <u>msani@millbrookfn.ca</u> if you are continuing studies throughout the Spring and Summer semesters at your institution as you will need to apply for funding prior to enrolment. The deadline for submission is May 15th, or earlier depending on when courses start for Spring semester.

Living Allowance for Spring and Summer applicants will commence once all documents are submitted to Millbrook First Nation Department of Education and approved by the Director. Applications will not be approved without the receipt of final transcripts for the previous semester.

The last Living Allowance for students in the 2024 Winter Semester will be issued on or before March 27th, 2024.

Summer Student Employment Postings

Please note that the update for Summer Student Positions will be posted on the Millbrook First Nation Website, under FORMS. There will be limited positions this summer and in preparation, please make sure to attend a resume writing workshop and interview skills.

Intent to Graduate and Graduation Photos/Banners

Students who are graduating High School and Post-Secondary are encouraged to send us an email as we are excited to host graduation events this year and reward you for your hard work! Send us your Graduation Picture and community address as we will order Banners soon! Please contact <u>eduadmin@millbrookfn.ca</u> with your intent to graduate and photo. Please send us information on special awards or achievements so that we can highlight your accomplishments.



Millbrook Early Education Centre News

Kind reminder: Day Care: 8:00-5:00 Preschool 8:30-2:00 Primary 8:30-2:30

Important Dates in May

Monday, May 20, 2024 Centre Closed Victoria Day Holiday Thursday, May 23, 2024 Cathie from the Truro Library 10:30am-11:30am Friday, May 31, 2024 Parent Tot Workshop 3-4 year olds 1:00pm-2:00pm

Swimming at the RECC May 7, 2024 May 14, 2024 May 21, 2024 May 28, 2024 June 4, 2024 June 11, 2024

<u>Contact Us</u> 902-897-1249 or 902-897-0445

Ext. 101 - Assistant Manager - Cheryl Ext. 102 - Preschool 4 – Susan & Amy Ext. 103 - Daycare – Genny & Levi Ext. 104 - Preschool 3A – Jessica & Amanda Ext. 105 – Preschool 3B - Jaquinn & Leslie Ext. 105 – ASP - Leslie, Melinda & Amanda Ext. 107 - Primary - Emma & Melinda Ext. 108 - SLP - Christina Ext. 109 - Manager- Sylvia M. Martin Manager's Email: smmartin@millbrookfn.ca

















WELCOME BACK to Ms. Allison, Primary Teacher (returning from maternity leave)



NMULTES to Ms. Sunshine We will miss you and good luck on your new endeavor!







Important Reminders

We respectfully ask that parents/guardians PLEASE...

•Call (902-897-1249) or leave a message for your child's teacher if child will be absent or late. •Call or text the bus driver, Nolan (902-890-3608) if your child is not going to school. Texting is best as he starts his bus runs early and cannot answer calls when driving.

•Contact management (not the bus driver or teacher) regarding any requests for changes to bus route, pick up or drop off locations. Any changes must be for the remainder of school year, no daily, weekly, etc. changes will be approved.

•Do not bring children to preschool or primary any earlier than 8:45am (15 mins early).

•Use the front/main entrance to drop off/pick up children. The other front door, off to the side, is for Primary and Afterschool Program use only.

•Do not send anyone under the age of 18 years to pick up your child(ren). Staff will only release child to persons listed on child's original registration form.

*Some other very important excerpts from our Parents Handbook to note:

•No outside food is necessary. All snacks/meals are provided by MEEC. The only exception is if child(ren) have a medical or religious belief that requires a special diet. In these cases, parents/guardians are responsible to provide food items, and must be approved by management.
•Frequent Absences – MEEC's programming is developmental and designed to build off of already learned lessons. If children are frequently absent, they are subject to falling behind. MEEC does not have extra staff to help children catch up on a one-on-one basis, and frequent absences could affect services.

•Sick Policy – To summarize, please keep child(ren) home when sick. Children may return after they are no longer contagious, no fever, no diarrhea, no vomiting, etc., without medication, for 24 hrs.

•Social Media Policy - There is a social media policy for parents/guardians/as well as all MEEC team members. Upon registering a child, parents/guardians should have signed this. If this has not yet been done, management will be reaching out to share this with parents/guardians for completion. In summary, it states that MEEC community members (staff, parents/guardians, volunteers, etc.) are expected to demonstrate personal and professional boundaries and behaviors with each other. Everyone is to ensure that their online behavior reflects the same standards of honesty, respect and consideration that a person uses when communicating person to person, and not cause damage to the reputation of MEEC.

Concerns/Complaints are to be discussed in this order with:

1.Child's teacher(s)

2.Manager (Sylvia M. Martin)

3. Director of Educational Services (Art Stevens)

4.Executive Director (Claire Marshall)

5.MFN Chief & Council (only after all of the above efforts have been exhausted)



MILLBROOK EARLY EDUCATION CENTRE

PLEASE RESPECT that our playground is for children 6 years of age and under.

Monday to Friday, 8am to 5pm, it is for the use of the children attending the Millbrook Early Education Centre only.

After 5pm on weekdays and on weekends, the public/Millbrook community members are welcome to enjoy the playground. We only ask that everyone please show respect for our yard and playground equipment.

- •Do not smoke in our yard/playground.
- Take your trash with you when you leave.Return any/all toys used to the back deck after use.

Thank you. Millbrook Early Education Centre Management





Important Reminders

Hours:

- •Daycare: 8am to 5pm. After 5pm, a late fee will be applied to invoice.
- •Preschool: 9am to 2pm
- •Primary: 9am to 2:30pm
- •Afterschool Program: 2 to 4:30pm. After 4:30pm, a late fee will be applied to invoice.



Millbrook Community Newsletter May 2024

2024 MILLBROOK STUDENT SUMMER EMPLOYMENT PROGRAM

APPLICATION FORMS WILL BE AVAILABLE ON Monday, March 25th, 2024.

The following rules and regulations will be strictly adhered to.

The Millbrook Summer Employment Program's purpose is for students to gain work experience and develop skills in various employment areas.

Due to the large number of eligible students and fiscal accountability, not all students who apply and are interviewed will be hired.

This is the only Summer Employment Program funded by Millbrook Chief and Council. Eligible students will be Millbrook Band Members and/or Status Community Members in Grade 9 or above, 15 years of age and/or under 30 years of age, in good standing with their school, and returning in the Fall. There will be no exceptions to these rules.

Post-secondary students are eligible only if they have had <u>no more than one year's</u> <u>disruption</u> in their education and have never held a full-time job. Attendance, work ethics while at school and your performance at last year's summer placement will all be factors that are highly considered during the placement process.

Please make sure the phone number you provide on your application is one you can be reached at. Students will be notified by phone of interview times; if you miss your interview another one will not be granted.

All applicants <u>MUST</u> have a Social Insurance Number to apply for summer employment. <u>NO EXCEPTIONS</u> can be made.

Summer jobs will be for seven weeks, and all employment will start on Tuesday, July 2nd, and end on Friday, August 16^{th,} 2024.

The Closing Date is Wednesday, May 15th, 2024, by 4:30 p.m. Only applicants who provide an up-to-date resume along with a cover letter and completed application form and qualify for an interview will be contacted. NO EXCEPTIONS.

Millbrook Early Education Centre REGISTRATION FORM

| F | | | | | | |
|---|--|--|--|--|--|--|
| Service Registering for: | Daycare Full-time Daycare Part- | time \square Preschool 3 \square Preschool 4 \square Primary | | | | |
| If Part-time Daycare, select: 2 Days (Tuesday & Thursday) or 3 Days (Monday, Wednesday, Friday) | | | | | | |
| (Select one) Times for Daycare: □ 8:00am-4:00pm □ 8:30am-4:30pm □ 9:00am-5:00pm | | | | | | |
| Does your preschool/primary child require after school programming? Set Yes or No | | | | | | |
| | ild toilet trained? \Box Yes or \Box No | | | | | |
| Personal Information | | | | | | |
| Full Name of Child: | | Date of Birth: | | | | |
| | | | | | | |
| Address: | City/Town: | Postal Code: | | | | |
| Is child registered with a F | First Nation Community? ☐ Yes | or 🗆 No | | | | |
| If YES, indicate communi | | dian Registry (Band) Number: | | | | |
| Parent/Guardian Informat | | dian negiony (Dana) i tamoen | | | | |
| Parent/Guardian Name: | | Tel: | | | | |
| Email: | | | | | | |
| Parent/Guardian Name: | | Tel: | | | | |
| Email: | | | | | | |
| Persons Authorized to Pic | k Up Child (Over 18 years) | | | | | |
| Name: | Relationship | : Tel: | | | | |
| Name: | Relationship | : Tel: | | | | |
| Name: | Relationship | : Tel: | | | | |
| Emergency Contact(s) IF | NEITHER PARENT CAN BE | REACHED | | | | |
| Name: | Relationship | : Tel: | | | | |
| Name: | Relationship | : Tel: | | | | |
| Medical and Emergency Information | | | | | | |
| Health Card Number: | | Expiry Date: | | | | |
| Does child have any know | Does child have any known allergies? Use or No If YES, please identify: | | | | | |
| | | | | | | |
| Please attach doctor's support letter to verify. | | | | | | |
| Child have any known mee | dical issues? \Box Yes or \Box No If Y | ES, please identify: | | | | |
| | | | | | | |
| | | | | | | |

A medical plan will need to be developed if there are any medical or allergies issues. Should there be any other information you require our Centre to know please contact the Manager.

Parent/Guardian Signature

ILLBROOK RST NATION Date



Millbrook Community Newsletter May 2024

Parent Tot Workshop





(3-4 year olds) Millbrook Band Members & Community Members

Where: Millbrook Early Education Centre When: Friday, May 31,2024 Time: 1:00pm-2:00pm

Come and learn some fun rhymes and fingerplays, make some exciting crafts and activities with your child, and enjoy a great book to take home.

"Chicka Chicka, Boom Boom"

Sign up at the Millbrook Early Education Centre or call 902-897-0445 or email smarshall@millbrookfn.ca.

If you are unable to bring your child, have someone else bring them, such as a grandparent, godparent, aunt, or uncle.







MEET OUR NEW TEAM MEMBER

We would like to welcome Edward "Eddie" Knight to our team as our new Fish and Wildlife Officer. Eddie is a Millbrook Community member and has lived in and away from the community throughout the years. He is very eager to be giving back to his community that has helped him so much over the years. Eddie has a background in law enforcement that started out as a corrections officer, a sheriff as well as DFO Officer. He has experience working within Mi'kmaq organizations and communities through NCNS and CMM which he found rewarding and gained valuable experience working within all of the organizations.

SHEET HARBOUR

We have successfully applied for and received a buyer's license for the new Sheet Harbour lobster pound, located at the Sheet Harbour wharf. The new lobster pound opened on April 19th, check out the pictures of the beautiful new facility and watch for Grand Opening details, coming soon!

COMMERCIAL FISHERIES

With the smallest hint of spring, the communal commercial fishing season is now upon us. Snow crab fishing is well under way, our vessels have been hard at it since March 15th and the price is a little better than last year. Lobster Fishing Area (LFA) 35 in Digby opened on March 1, but most of our fishers won't get down there until May. Millbrook has 9 licenses here. LFA 32 in Sheet Harbour opened April 19th and we have 2 licenses here. LFA 26A will also open April 26th, where we have 5 vessels and crews hoping for a good price for the lobsters this year.

Millbrook First Nation's new website is in development and the staff at Millbrook Fisheries are very excited to be a part of it! When the revamped site is launched, be sure to check out the FISHERIES tab to find links to all the Food, Social & Ceremonial (FSC) Community Harvest Plans as well as the Treaty Jakej/Lobster Livelihood Fishing Plan.

Stay tuned for even more exciting news to come on the business development side of Millbrook Fisheries!

FSC/LIVELIHOOD FISHERIES

Registration is going full force for our FSC Fisheries. Give Dalas a call to get registered. Stay tuned for dates that she will be going to Sheet Harbour and Cole Harbour to get you signed up.

FISH & WILDLIFE

Obtained rope recycling bins from Coastal Action for community members to discard old rope. Rope bins will be deployed in the coming weeks (one at the office on Willow, one at the office on Treaty Trail, and one at the Sheet Harbor Wharf.

The new decals have been placed on the Zodiac and the truck.

The team were present at the wharf for setting day to see the fishers off both treaty and commercial.





Get the skills and Transport Canada certifications needed to safely operate small commercial vessels in near-coastal and sheltered waters.

Strait Area Campus | May 6 - May 30 2024

Funding Available Register on-line | nscc.ca/msvop



Marine Basic First Aid August 29th & August 30th

Anyone over the age of 13 that is expected to provide first aid in a marine environment (FSC Fishing, Treaty Fishing or Commercial Fishing). Seats are Limited.

Certification:

3-year certification in Standard First Aid, CPR Level C, and AED

lillbrook Fisheries

Lunch will be provided

Please contact Dalas to register 902-956-1149 dtufts@mfnfisheries.ca

COBEQUID EDUCATIONAL CENTRE'S

HEAD DRUM

Sunrise Scouts

ARENA DIRECTOR Trevor Gould

JUNIOR HEAD DANCERS

Little Thunder Summer Sylliboy 1ST

MC <u>Michael R. Denny</u>

> HEAD DANCERS Brady Googoo Teyha Milliea

MAWID'M JAMES MCPHERSON STADIUM

34 Lorne Street, Truro, NS WEDNESDAY, MAY 8TH, 2024 RAIN DATE: MAY 9TH



GRAND ENTRY AT 12:00 PM

Drummers

Dancers





CONTACT: JONATHAN CRAWFORD 782-370-1890 BROUGHT TO YOU BY THE CEC INDIGENOUS YOUTH GROUP









Millbrook **Apartment (NEW)**

175 Millbrook Ave - Cole Harbour

Community Engagement Information Session

- Introduction to the construction project
- Meet The Lindsay Construction Team
- Discuss potential employment opportunities for Millbrook community members

Hosted by:



REFRESHMENTS AND LIGHT LUNCH PROVIDED

Thursday, May 23rd, 2024 11:00 a.m. - 2:00 p.m.

The A-Frame 665 Caldwell Road

BRC

FIRST NATION

Millbrook First Nation Cole Harbour - Dartmouth, Nova Scotia



11

EMPLOYMENT



Profession

111

110

Strategy

Application

Opportunity





Social Enhanced Assistance Benefits Program

We Are Seeking Social Clients to Volunteer to take part in our Case Management Program. This program was developed to help remove financial barriers and empower clients while building strengths, knowledge, and skills to help you achieve your goals.

- Are you a Social Client interested in enhancing your strengths and skills?
- Do you want to enhance the overall quality of life?
- Do you want to get out in the community and be more involved?

If you answered YES to any of these questions, our program is for you! <u>Case Management</u>

- To address the needs of Mi'kmaw families for food security, housing, health, education and training to promote self-reliance,
- To enhance the overall quality of life for those living in Mi'kmaw Communities by fulfilment of potential and well-being,
- A positive new way to provide social services to the 13 Mi'kmaq communities of Mi'kma'ki.

The primary goal of the Social Enhanced Assistance Benefits Program is to reinforce traditional Mi'kmaw structures and community systems of caring for and supporting clients while working toward the fulfillment of goals and becoming self-reliant.

All social recipients are encouraged to apply. If applicants are eligible, recipients will have the four basic areas necessary to sustain a person in need and move them from poverty to an improved standard of living. Depending on your situation, you may be able to collect from more than one area, which are basic benefits, social housing benefits, health benefits, training, and employment benefits. Recipients will then participate in case management, where we will decide on an appropriate number of sessions based on the barriers keeping you from your short- and long-term goals and the approximate amount of time you need to accomplish them. During our one-on-one case management sessions, we will develop your case plan so you can begin your journey.

All our meetings will be discreet and confidential.

To set up your initial appointment or if you would like to know more about the program, please reach out!

Your Case Manager **Courtney Cope at:** <u>ccope@millbrookfn.ca</u> or Call/Text me at 1-902-899-7704/1-902-897-9199

All Aboard for Supporting our Students!

In a heartwarming display of community support and collaboration, Millbrook First Nation recently rallied together to ensure that local students faced no interruptions in transportation to school and other essential services.

The Millbrook Education Department operates a vital program that provides free bus rides to school for students and social service clients within our community. However, when the program's primary bus required extensive repairs that were beyond the education centre's budget, concerns arose about maintaining this service.

Understanding the importance of reliable transportation for students, Millbrook's Social Department stepped forward generously. They not only covered the full cost of repairing the bus but also arranged for rental vans to transport students during the repairs. Thanks to this swift support, there were no interruptions or additional costs burdening students and their families.

The repaired bus is now fully operational, ensuring that students can continue to access safe and convenient transportation.

"A big, heartfelt thank you to the Millbrook Social Development department, especially Barry Martin, for supporting our students and community in a time of need," said Art Stevens, Director of Education Services. This collaborative effort demonstrates the strength of our community and Millbrook First Nation's commitment to supporting one another.

As we move into spring and towards the end of the school year, Millbrook First Nation sends warm wishes to all students and their families. Here's to a successful and fulfilling remainder of the academic year!



Bus Driver: Nolan Martin Support Staff: Bethany Langille

Bus Drivers: Mary Anne Martin & Chris Stevens Support Staff:Michael Field





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HOUSING APPLICATIONS 2024

Wednesday, May 1, 2024

Millbrook Housing Department is currently reviewing housing applications. Please update your application with supporting documents If you feel any applications / documents will support your application. Applications must be updated and submitted by Friday, May 17, 2024, for current selection.

Please remember when you are submitting a housing application it must be complete for it to be considered, with no exceptions.

Things to remember:

- 1. All applications **MUST** have release form attached. They need to be signed, witnessed, and dated.
- All applications **MUST** have all legal or supporting documents attached.
 (Custody agreements, registration or medical, etc.)
- 3. Please fill in all the necessary information that applies to you. Do not leave any information blank as we go by the information given on the most recent application.
- 4. If no supporting documents are attached, then your application will be considered incomplete.

If you have any questions, please contact:

Director of Housing Lorne Paul lpaul@millbrookfn.ca (902) 890-4863

Housing Project Officer Chantel Langille clangille@millbrookfn.ca (902) 324-9513

Millbrook HEALTH FARR

No and all

May 15th, 2024

Legends Gaming Centre 10:00am-2:00pm

Over 60 vendors registered - this will be a great opportunity to meet local organizations that serve the Millbrook community

Lunch provided and door prizes to be won!

Questions? Contact Millbrook Health Centre: (902) 895-9468



Mother's bay SOCIAL

COME JOIN US IN CELEBRATING YOU AS A MOTHER WITH DINNER, REFRESHMENTS, MASSAGES, MANI & PEDIS, YOGA, AND DOOR PRIZES. TRANSPORTATION AND BABYSITTING FUNDS CAN BE PROVIDED AT YOUR REQUEST.

FRIDAY | 10 MAY | 4-9PM @ MILLBROOK HALL



LIMITED SPOTS AVAILBALE RSVP FOR <u>YOURSELF ONLY</u> BY EMAILING CORRINA AT CMILLIEA@MILLBROOKHEALTH.CA



sober curious, would like to reduce their substance/alcohol use, interested in harm reduction strategies, or <u>"Drop-In Days"</u> - are brief support appointments (15 mins.) for anyone, or a small group, who may be: family and friends supporting someone with SUD/AUD (substance use disorder, alcohol use disorder).

to schedule a drop-in day appointment or for program inquiries please contact:

Ingrid (email) <u>isheppard@millbrookhealth.ca</u>, Phone: (902)895-9468.

Family Support

Harm Reduction

Recovery Support

Substance Use Prevention





MILLBROOK FIRST NATION COMMUNITY PLAN

MONTHLY Elder Lunch

AT the Cultural & Heritage Centre 65 Treaty Trail Join us for a catered lunch, participate in the development the Millbrook Community Plan, play BINGO and win some prizes!

TIME: 12-2PM

DATES:

Tuesday, May 7th Tuesday, June 4th Tuesday, July 2nd Tuesday, August 6th

COLE HARBOUR

What do you want to see in Cole Harbour?

Join the community plan team, department of housing, economic development and parks + recreation to explore future development ideas for Cole Harbour

May 22nd 5-7:30pm At the A-Frame Dinner . Dreaming . Prizes

FUTURE DEVELOPMENT ENGAGEMENT



YOUTH NIGHT BENCH BUILD

May 7th, 6 - 8PM At the Millbrook Youth Centre

Come learn basic building skills and help build a bench for outside the Youth Centre!

Dinner provided and you will receive a gift card for your time + ideas!

This Youth Night is part of the Millbrook Community Plan and is an opportunity for Youth to share their ideas and take part in shaping the future of their community

Société Alzheimer Society

IG WEALTH MANAGEMENT WALK FOR ALZHEIMER'S

Sunday, May 26, 2024 Civic Square, Truro at 4:00 PM

Join us to support the thousands of Nova Scotians affected by dementia.

Register today:

walkns.ca

We're right here in your community! Dementia Helpline: 1-800-611-6345

G MEALTH MANAGEMENT WALK FOR ALZHEIMER'S

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OSO planning

Mental Health First Aid Course



St. John Ambulance



Millbrook Employment & Training is offering a 2-day Mental Health First Aid Course with St. John Ambulance. Minimum number of seats available.

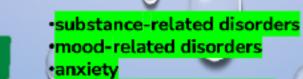
> When: May 28th & 29th Time: <mark>9:00am – 4:00pm</mark> Where: Millbrook Community Hall Lunch will be provided

Door prizes will be drawn at the end of the 2nd day. You must be there to claim your prize.

To sign up you can email Beth Paul at <u>bpaul@millbrookfn.ca</u> or call 902-890-3131

Please be sure to mention any allergies or dietary restrictions when signing up.

> This course focuses on the four most common mental health disorders:



trauma-related disorders
 psychotic disorders.



Millbrook Employment & Training is offering a 2day ASIST Course. Limited number of seats available.

> When: May 7th & 8th Time: 9:00am – 5:00pm Where: Millbrook Seniors Centre 841 Willow Street Lunch Provided for both days

MUST BE 18+ TO SIGN UP

Door prizes must be there at the end of the second day to claim your prize.

To sign up email Beth Paul at <u>bpaul@millbrookfn.ca</u> or call 902-890-3131 Please mention any allergies or dietary restrictions when signing up.

Brought to you by:



Canadian Mental Health Association Nova Scotia

Applied Suicide Intervention Skills Training [ASIST] is a 2day intensive, interactive and practice-dominated course designed to help individuals recognize the risk of suicide and learn how to intervene to prevent the risk of suicidal thoughts from becoming suicidal behaviours.

Community Income Tax Program

Canada Revenue Agency

Attention: MILLBROOK BAND MEMBERS

Do you need your income tax done? If you would like your Income Tax done at the Millbrook Band Office, please bring the following information that is required.

| (Please Print) |
|----------------|
|----------------|

| Applican | it Information |
|-----------------|-------------------------------|
| Name: | Phone: |
| Address: | Postal Code: |
| SIN# | Date of Birth: D/M/Y |
| Martial Status: | Band # 10 Digits |
| Spousal | I Information |
| Name: | Date of Birth: D/M/Y |
| SIN# | Band # |
| | n Information |
| | Date of Birth: Day/month/year |
| 1. | M/F |
| 2. | M/F |
| 3. | M/F |
| 4. | M/F |
| 5. | M/F |

Please note: We need any <u>T4, T4E, T4A, CPP,OAS, and</u> if you have worked or get Old age Pension. I cannot process incomplete forms. So please have ALL your information together <u>BEFORE</u> bringing it to the Band Office. If you want <u>DIRECT DEPOSIT</u>, you must contact Canada Revenue

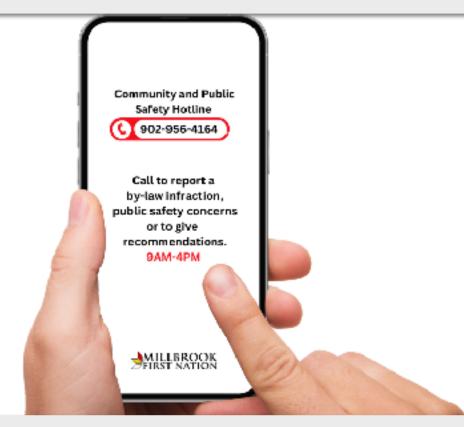
> Natasha Bernard Wela'lioq ©

COMMUNITY AND PUBLIC SAFETY

To report any security or by-law related concerns or infractions all Millbrook members should call the **Community and Public Safety phone line at 902-956-4164** between 9 am – 4 pm.

Millbrook Security and By-law team now has a new office at 905 Willow Street.

If a community member is in danger or witnesses criminal activity, it is important that they call 911 or the local Millbrook or Cole Harbour, Sheet Harbour detachment of the RCMP. Please note that the security team cannot report incidents on your behalf. For a more detailed list visit <u>https://www.millbrookband.com/rcmp</u>.



Millbrook's Security Services

Millbrook's security team is responsible for keeping Millbrook's community safe and secure. They work around the clock and are on call 24 hours a day. Their duties include patrolling the neighbourhoods of Millbrook and Cole Harbour because having a physical presence in the community is a deterrent for minor damage or other unsavoury activities. They are trained to identify unusual activity and pay attention to detail to reduce risks to the community. In addition, they observe and report suspicious activity that may be criminal.

<u>Millbrook Bylaw & Security</u> <u>Contact Information</u>

<u>By-law Officer</u> - Cell (902) 899-5240 e-mail: <u>afrancis@millbrookfn.ca</u> <u>Millbrook Security</u> - Cell (902) 956-0114 e-mail: <u>security@millbrookfn.ca</u>

Cole Harbour Security - Cell 902-240-0993

Sheet Harbour Security - Cell 902-885-2219



THE FOLLOWING INDIVIDUALS ARE BANNED FROM MILLBROOK FIRST NATION:

| Name | Date that Council Passed Motion/BCR |
|---|-------------------------------------|
| Elizabeth McDonald | |
| Christina McDonald | |
| Jennifer Jane Gero | |
| Archie Billard | |
| William John Lewis | |
| Robert Edgar Paul | |
| Violet Paul (Lewis) | |
| Adria Damara Lewis | |
| Justin Smith | |
| Shannon Norman Lane | |
| Matthew Shu-Tak Ying | |
| Danielle Susan Brown | |
| Jessica Ann Smith | |
| Alexander Andrew Baker | |
| Jaden Webb | |
| Samantha McDonald | |
| Tyson Upshaw | |
| Kevin Sutherland | February 14, 2017 |
| Trevor John Tower | January 10, 2017 |
| Thomas R. Carr | |
| Anthony Boyette | |
| Thomas Martin Dennis | |
| Daren Wayne McCormick | |
| Michael William Watson | |
| Shahnawaz Ahmad | |
| Claude Levi Maloney | |
| Kevin James Moore | |
| Marcus Michael Denny | |
| Jesse James Denny | |
| | |
| Jason Wesley Syliboy Ceilidh Jane Mailman | |
| | |
| Chad Robin Robinson Christian Alexander MacDonald | |
| Alexander (Sandy) Borden | |
| Rondell Gero | |
| | |
| Cameron Prosper Randall Colby Sack (Randy or Buck) | |
| | |
| Erica Dawson Johnathan Lindsay Paul | |
| Ashley Paul | |
| Candice Prosper | |
| | |
| Camiel Marr | |
| Ian Flemming | |
| Kimberley Endendijk | |
| Shane Chapman Corey Paul | |
| | |
| Adam Meade | |
| Cody Frizzell | |
| Desmond Henry Brooks | |
| Diaz Mantley | |
| Robert Syliboy | |
| Jessica Arsenault | |
| Samantha Fisher | |
| Devin Black | |
| Kyle Shortliffe | |
| Christine Morrisey | |
| Kristie Parsons | Аргіі 9, 2024 |

Millbrook Health Centre Mental Wellness Team



Eskasoni Crisis Line 1-855-379-2099 or on Facebook Eskasoni Crisis Worker

Millbrook RCMP 902-893-6819

NS Mental Health Crisis Line 1-888-429-8167

Kids Help Line 1-800-668-6868

Etli-Npisimkek Counselling & Consulting Services - Michelle LeBrun - Clinician Therapist etlinpisimkekcounselling@gmail.com 902-759-2839

₹¤Z **MAY 2024**

MILLBROOK YOUTH CENTRE EVENTS SCHEDULE

| | | | | See. | | É |
|-----------|--|--------------------------------|---|------------------------------|--------------------|-----|
| SATURDAY | Gume Night 4 | Mother's Day Gift Making 11 | Millbrock Market Game Night Kahaot 18 | Game Night Mario Karts 25 | | |
| FRIDAV | Gym 3 | Gym | Gym 17 | Gym 24 | Gym 31 | |
| THURSDAY | Buking 2 | Beading | Dreamcatcher 16 | Spa Night 23 | Paint Night 30 | No. |
| WEDNESDAY | MHIWG2S+ Pin Making 1 | Pow Wow Dancing | Paw Waw Dunaing | Special Guest 22 | Bingo 29 | 尒 |
| TUESDAY | Drop-in hours Tues-Thurs 4-9pm Fri-Sat 5-11pm | 0S0 Meeting 7 | Roumo Building 14 | Tie-dye 21 | Sewing Night 28 | Ó |
| MONDAY | please contact the Alyssa Abram at wam@miltbrookin.ca | Closed 6 | Closed 15 | Closed 20 | Closed 27 | |
| SUNDAY | For more information please contact the Youth Centre Load Alyssa Abram at 902-899-5206 or astrom@miltrookin.co | Closed | Closed 12 | Closed 19 | Closed | |



SUMMER STUDENT EMPLOYMENT APPLICATION 2024

| NAME: | TE | LEPHONE: | | | |
|-------------------------|----------------|------------------|--|--|--|
| ADDRESS: | | | | | |
| AGE: I | DATE OF BIRTH: | FULL BAND NUMBER | | | |
| BAND NAME: | | | | | |
| SOCIAL INSURANCE NUMBER | | | | | |
| 1ST CHOICE POS | SITION | | | | |
| 2ND CHOICE | | | | | |
| | | | | | |

UNIVERSITY/COMMUNITY COLLEGE STUDENTS - Please sign on the line to give permission for Art Stevens and/or Monica Sani to release this year's post-secondary records to the hiring committee:

NAME AND TELEPHONE NUMBERS OF TWO REFERENCES WHO <u>ARE NOT FAMILY MEMBERS</u> AND WHO KNOW OF YOUR WORK ETHICS THAT WE MAY CONTACT:

YOUR VALID EMAIL ADDRESS

I hereby certify that the information in this application form is true and correct to the best of my knowledge. I understand that if any of it is found to be untrue, this application may be rejected.

SIGNATURE OF APPLICANT

DATE

* Office use only.

Received on _____

| Cover Letter Attached | YES/NO |
|-----------------------|--------|
| Resume Attached | YES/NO |
| Application Completed | YES/NO |



Millbrook Community Newsletter May 2024

June 2024 Millbrook Enterprise Credit Applicants

All completed **<u>Direct Deposit</u>** applications will be deposited on <u>**June 13th**</u>, 2024.</u> **Completed applications must be received by** <u>**May 30th**</u>, 2024 @4:30 pm.

Completed applications requested to be issued by <u>Mail/Pick up</u> will be released <u>June 27th</u>, <u>2024</u>. Completed applications must be received by <u>June 6th</u>, <u>2024</u> @4:30 pm.

Completed applications received after <u>the June 6th, 2024, deadline</u> will be released by mail once per week. **No direct deposits**.

Applicants requesting direct deposit must provide one of the two listed documents.

- Void Cheque belonging to the applicant.
- Direct Deposit Form from applicant's bank.

Please note:

- No Direct Deposits after May 30th, 2024.
- Any changes to banking information must be received by **May 16th, 2024.**
- Handwritten banking information and bank accounts not belonging to the applicant are no longer accepted.
- Please add the **full mailing address**; our financial team is updating to a new system.
- Reminder to Band members, it is your responsibility to provide a copy of your status card or proof of status.
- If your Status Card is expired or you do not have a Certificate of Indian Status, please contact the Millbrook Membership Clerk at Confederacy of Mainland Mi'kmaq (CMM) by telephone Toll-Free: 1-877-892-2424 Office (902)-895-6385, Ext. 108/109. Or by e-mail at membership@cmmns.com.
- In cases where band members owe money to Millbrook First Nation, the band will recover the funds from the Millbrook Enterprise Credit funds. Band members must apply each year until the receivable is paid off. Without an application, the band cannot apply the credit to the band member's receivable.
- Completed forms and all relevant documents can be scanned to <u>treatycredit@millbrookfn.ca</u> **Subject line**: First and Last Name.
- Please remember that cheques should not be deposited or cashed after 6 months. If you come across a cheque that is more than 6 months old, contact us, and we can reissue it.

MILLBROOK FIRST NATION

June 2024 Millbrook Enterprise Credit Application Form P.O. Box 634, Truro, N.S. B2N 5E5

Applications must be <u>completed in full</u> to be considered for this credit of **\$1250.00 CDN**. <u>The deadline is</u> <u>August 22nd, 2024. Any application received, or post marked after this date will not be accepted</u>. (Faxed Applications will not be accepted, please mail / scan & e-mail).

| Please Select: | Mail Deadline June 6 th , 20 | *Direct Deposit _ D24 Deadline May 30 | | e attached |
|--|---|--|---|--|
| First Name | | Middle Name: | | |
| | | | | / _{Month/Year} |
| Telephone # (|) | E-mail: | Dute of Diffin Day | Month Year |
| Full Mailing A | ddress: | | | |
| Apartment #: | | | City/Town: | |
| Province/State | e: | | Postal Code/Zip code: | |
| Is this a new a | ddress since your last | application? Yes No |] | |
| Millbrook Ente acknowledge t Millbrook Ente minors must b pmartin@millb he/she/they wi released. The l | erprise Credit any outs this Millbrook Enterpr erprise Credits payable e registered at the Co prookfn.ca to be place ill be required to fill o Band will NOT pay fo | plicant, do hereby agree and standing monies owed to the <i>N</i> ise Credit cannot be assigned to Band Members under 19 nfederacy of Mainland Mi'km ad on the Minor's Trust list. W ut the Millbrook Enterprise Tru or backlog of Trust Fund Credi | Millbrook Band as of the date to a third party and is only p years of age will be placed i aq and proof of status suppli hen that Band Member reac ust Fund Credit application t | e of my application. <u>Lalso</u> payable to the applicant. n a trust fund. All new ied to hes the age of 19, to have their funds |
| Mainland Mi'k | <mark>kmaq.</mark> | | | |
| If you have an | y questions, please ca | III 1-800-693-3112 or 902 893 | 7-9199. | |
| accepted. If yo Clerk. Toll Free: 1-87 | ou do not have a Certi | f Indian Status (<u>front and back</u> ificate of Indian Status, proof r 902)-895-6385, Ext. 108/109. | nust be obtained from the N Or by e-mail at: membershi | 1illbrook Membership |
| | | the first of the share of the | | • — |
| | <u>d matters (eg. newsle</u> | nission to use the above conta tters, election information, re on-reserve D off-reserve | | unication purposes |
| Dated this | day ofA.E | 0. 2024/25 | | |

Signature of Applicant

Completed forms and all relevant documents can be scanned to <u>treatycredit@millbrookfn.ca</u> **Subject line: First and Last Name Witnessed by

Office Use Only / Date Stamp