

Millbrook Community Newsletter

JUNE 2023



MILLBROOK'S SECOND ANNUAL BIKE RODEO

Important Dates

- **June 10** - Chief and Council - General Meeting
- **June 21** - National Indigenous Peoples Day
- **June 27** - Chief and Council - Consultation and Economic Development Meeting

Please visit www.millbrookband.com/events for upcoming events!

Sign up to our mailing list from our website (located at the bottom of the homepage.)

The Eskasoni Crisis Line

Toll Free number 1-855-379-2099
(Mi'kmaw and English)



**MILLBROOK
FIRST NATION**

TELEPHONE: (902) 897-9199
TOLL FREE: 1-(800)-693-3112
MILLBROOK BAND ADMINISTRATION
P.O. BOX 634
TRURO, N.S. B2N 5E5

Millbrook Administration Office

Mailing Address

Millbrook
Administration
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday- Thursday
9:00am-12pm / 1:00pm-4:30pm
Friday
9:00am-12pm / 1:00pm-4:00pm

Phone Numbers

Millbrook Office
1 (902) 897-9199
Toll Free
1 (800) 693-3112

Chief and Council Meeting

Tuesday, June 13th, 2023

Deadline for letter submissions and booking time to see Council is **Friday, June 9th, 2023**. Contact the Administrative Assistant to Chief and Council - Suzanne Penney at Phone: (902) 897-5877 or e-mail: adminassistant@millbrookband.com

Please include your full name, contact information and subject of your request.

The following Chief and Council Meeting will be Tuesday, July 25th, 2023.

June 2023

- 🌟 **June 10** - Chief and Council - General Meeting
- 🌟 **June 27** - Chief and Council - Consultation and Economic Development Meeting

Minutes

For up to date minutes from Chief and Council please check online at: <https://www.millbrookband.com/minutes>

Booking the Community Hall

To book the Community Hall please contact **Natasha Bernard at (902) 897-9199**

Cell: 902 324-9261 **e-mail:** nbernard@millbrookfn.ca

Costs

Organization rental fees: \$200/half day rental and \$300/full day rental charge

Millbrook member rental details: Small events, deposit of \$100.00 (will be returned after cleaning)

Millbrook members rental: Big events, \$500.00 (Hall must be cleaned w/ tables and chairs put away).

Thank you to those who continue to keep the hall clean, neat and tidy.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

Website & Facebook Page

Millbrook's Website - www.millbrookfn.ca

Millbrook's Facebook Page - <https://www.facebook.com/MillbrookFirstNation/>

E-mail: ngloade@millbrookfn.ca to have your information posted online.



NOVA SCOTIA MI'KMAW SUMMER GAMES

Mi'kmaw Summer Games

MILLBROOK!

August 20-27, 2023

Watch the NS Mi'kmaw Summer Games
Facebook page for more info.

2023 Schedule for Chief and Council Meetings

Month	Days	General Chief and Council Meeting	Days	Economic Development & Project Consultation
June	Tuesday	June 13, 2023	Tuesday	June 27, 2023
July	N/A	N/A	Tuesday	July 25, 2023
August	N/A	No Meeting this Month	N/A	Summer Break for Chief and Council
September	Tuesday	September 12, 2023	Tuesday	September 26, 2023
October	Wednesday	October 11, 2023 (after thanksgiving)	Tuesday	October, 24, 2023
November	Tuesday	November 14, 2023	Tuesday	November 28, 2023
December	Tuesday	December 5, 2023	Tuesday	December 12, 2023

Please Note

Tuesday, July 11, 2023 - Moved to Monday July 25, 2023

Tuesday, October 10, 2023 - after Thanksgiving, moved to Wednesday, October 11, 2023.

No meetings in the month of August 2023.

December Meetings are pushed one week earlier due to Christmas Break. December meetings are moved to December 5 and December 12, 2023.

Social Assistance

Social Assistance Cheques are scheduled for: **Thursday, June 1, 15 & 29, 2023.**

Available to be picked up at the Millbrook Administration Office.

Applications are available at the Reception desk at the Millbrook Administration Office.

ATTENTION SOCIAL CLIENTS: Nova Scotia Power Bills

It has come to the Social Department's attention that some clients are having problems submitting power bills for payment to the social department in a timely manner. Any social client can call NSPC at 1-800-428-6230 and request that they email me (mphillips@millbrookfn.ca) a current copy of your power bill for payment.

Thank you for your cooperation.

Millbrook's Newsletter Deadline - Tuesday, June 20th, 2023

The deadline is the 20th of each month.

Send your content to: ngloade@millbrookfn.ca

Be sure to include ALL relevant information (including the who, what, when, where, why and how to find out more) and be sure to submit it in advance of the event date (the earlier you share the better).

Please ensure it's in an editable format.

Employment Opportunity - Treaty Entertainment

Treaty Entertainment in Truro and Cole Harbour are currently recruiting casual and backshift personnel in the positions of Security Personnel, Cashiers and Custodians. Availability for 3 shifts per week and a clear criminal record search is required in all positions. Interested applicants may forward their resume to treatygenmgr@eastlink.ca

65 and Over Requesting Reimbursement/Coverage of Vitamins, a Prescription

Effective June 1st, 2023: For Millbrook First Nation members 65 and over requesting reimbursement/coverage of vitamins, a prescription from a Medical Doctor or Nurse Practitioner will be required. This is to ensure there are no interactions with other prescribed medications and to prevent possible harmful side effects.

Housing Repairs Announcement

Please be advised that any housing repairs must be approved by the Housing Department before any work is started, if you wish to receive reimbursement.

If you have any questions, please feel free to contact us by phone or email.

Lorne Paul

Director of Housing

lpaul@millbrookfn.ca

Work: (902) 897-9199

Cell: (902) 890-4863

Or

Chantel Langille

Housing Project Officer

clangille@millbrookfn.ca

“No Burn Ban”

Effective immediately, a “NO BURN BAN” is in effect for the Province of Nova Scotia because of the forest fires. **The ban is in effect until June 25, 2023**, unless conditions improve and the Province deems it can be lifted sooner. This Burn Ban applies to all Millbrook First Nation lands due to the high risk of forest fires caused by dry conditions, winds, and low humidity.

This ban includes backyard fire pits, fireworks, brush burning, or any other open fire that may cause amber or sparks. Millbrook Security and Millbrook RCMP will look out for anyone with an open fire and request that the fire be put out. Thank you for being so cooperative, and stay safe.

Questions and concerns, please get in touch with the following

- Millbrook RCMP- (902) 893-6819
- Millbrook Security (902) 956-0114
- Millbrook By-law (902) 899-5240



Nova Scotia Mi'kmaw Summer Games

The Nova Scotia Mi'kmaw Summer Games are being held August 20-27, 2023 in Millbrook First Nation. We are excited to start the registration process. Please check the website for the 2023 Technical Package on June 5th, 2023 and get started with your online registration. <https://mikmawsummergames.ca/>

You'll need to register with your respective community MPAL/Coordinator.

Below is the list of events:

1. Archery
2. Arm wrestling
3. Badminton
4. Basketball
5. Darts
6. 5km Race
7. Golf
8. Grappling
9. Horseshoes
10. Little league softball
11. Billiards
12. Princess pageant
13. School yard competition
14. Fastpitch softball
15. Swimming
16. Track and field
17. Tug of war
18. Volleyball
19. Waltes
20. Washer toss
21. Special Olympics
22. Cultural

Stay tuned for Volunteer Registration!



NOVA SCOTIA
MI'KMAW
SUMMER GAMES

Ready, Set, Go!

Wildland fire preparedness in partnership with
your local fire department



Powered by
the IAFC



Ready – Be ready.

Talk to **local fire department personnel** about preparing your home for wildland fire threat.

Work to prepare your property by creating **defensible** space.

- Clean up or relocate combustible material from around your home
- Keep grass mowed short
- Trim trees and bushes, to allowing ample space between your home and landscape vegetation

Set – Be alert.

Prepare a 'go kit' and include items such as

- Prescription medication
- Emergency supplies
- Important documents

Create your own **action plan**

- Plan and practice multiple exit routes from your home and neighborhood
- Assign a meeting place in case you are separated
- Make sure you're familiar with your local emergency notification and evacuation systems

Go! – Act early!

- Remain alert* and keep yourself informed of the situation.
- Get your 'go kit' and leave well before the impending threat reaches your community or neighborhood following a planned, accessible route.
- Cooperate with local authorities during evacuation and re-entry processes.

Campfire Safety



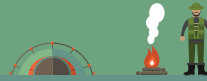
When campfires escape, they can destroy valuable resources, habitat and homes.

75% **17** **270**

of the province is covered by forests

campfires is the annual average reported number that cause wildfires*

hectares is the average area of land destroyed per year*



Building

STEP ONE:

Choose a safe site



Is burning allowed?

Check the daily burn restrictions at novascotia.ca/burnsafe or 1 855 564 2876



Use a fire pit if available or build on bare rock, soil/sand



Keep a 3 metre clearance around and above your fire



Prepare the site by scraping the ground down to bare soil (1m radius)

Burning

Doing it safely

Campfires should be less than 0.5m high x 0.5m wide. Small hot fires are easier to cook over and put out. Use fire starters, kindling and dry wood.



Never leave your campfire unattended



Keep a pail of water and a shovel nearby



Watch children and pets around fire



If it's windy, do not have a campfire

Extinguishing

Cold to the touch means you're done

Always put out your campfire before leaving the area. Your fire is out when the ash doesn't hiss, no smoke comes from the ashes and the remnants are cold to the touch.



Pour a lot of water on it



Stir in the water with a stick or shovel



Add water and stir until the ash is cold to the touch

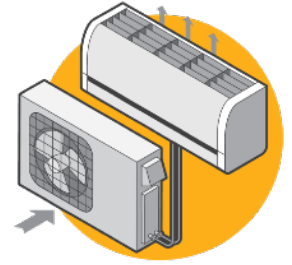


March 15 – October 15 campfires are not allowed between 8am-2pm. Check the daily burn restrictions at novascotia.ca/burnsafe or 1 855 564 2876. Abide by local municipal bylaws. To learn more visit novascotia.ca/campsafe

*Reported Nova Scotia average.

[Heat Pump Cleaning](#)

Please contact Eshaan at EcoLogic Heat Pump Solutions Ltd for a deep heat pump cleaning. Eshaan can be contacted by phone at 902-957-0661 to schedule an appointment, at no cost to the Millbrook First Nation home owner.



[Home Insurance](#)

Millbrook First Nation's insurance covers the structural costs of CMHC houses and Millbrook-owned homes on reserve. Please note that the contents inside the homes, including the appliances, are not insured by the First Nation. It is important to protect your belongings and one way to do that is to consider purchasing home insurance for the contents of your home. This became apparent after the recent flooding of basements that occurred in Millbrook's communities last year. If Millbrook members are interested in home contents insurance, they will be responsible and it will not be covered by the First Nation. Questions? Please reach out to Millbrook's housing department.

[Housing Inspections](#)

The Housing Department has been working collaboratively with other organizations and government agencies with the hopes of obtaining funding for housing repairs. In order to be eligible for the housing repairs, housing inspections will be mandatory for the funding.

Those who contact the Housing Department to be added to the list will be first priority, but it's mandatory for all houses to be inspected. Anyone who doesn't answer the door for their scheduled appointment will be dropped down to the end of the list.

Please contact Krista Paul at kpaul@millbrookfn.ca or by phone at 902-890-2518 to be added to the housing inspection list, if you need to reschedule your appointment or if you have any questions.

[Millbrook R.E.C.C. Family Skate - Sunday Mornings](#)

Sunday morning ice times at the R.E.C.C. starts at 12:00-1:00 pm, June 4, 11, 18, & 25.



[Custom Election Code](#)

Like many other First Nations, Millbrook has, since the 1950's, conducted elections based on the provisions in the Indian Act, which is now a piece of legislation that is almost 150 years old. Over time, many communities have found the Indian Act election system has many gaps that creates practical challenges for communities. After the federal government introduced the *First Nation Election Act*, Millbrook held consultations about an appropriate way forward in the conduct of elections and the community poll held with the last membership transfer vote indicated that community members wished to hold future elections under a custom election code, rather than the old, colonial Indian Act. The work on the Code began in 2021 and the Millbrook Election Committee, made up of Millbrook voters was formed to make sure there were a variety of points of view in the discussions and in the Code. The Code here is a working draft, intended for community feedback.

Like any law, the Code will be interpreted, discussed, and sometimes it may be argued over and disputed. Over the past month, several consultation sessions have provided feedback on the draft. More sessions are scheduled so that community members are able to share their thoughts on the Code. This feedback will be studied and will inform the final draft that must be voted on by Millbrook voters later this year.

If you have feedback or questions, you may contact Gerald Gloade, Consultation Manager Gerald Gloade at ggloade@millbrookfn.ca.

MILLBROOK CHIEF AND COUNCIL ATTENDANCE RECORD 2023

MEETING DATES—MAR TO JULY 2023	MAR 14/23		MAR 28/23		APR 12/23		APR 25/23		MAY 9/23		MAY 24/23		JUNE 13/23		JUNE 27/23		JULY 11/23		JULY 25/23	
	Chief & Council AM	PM	Ec. Dev Meeting AM	PM	Chief & Council AM	PM	Ec. Dev Meeting AM	PM	Chief & Council AM	PM	Ec. Dev Meeting AM	PM	Chief & Council AM	PM	Ec. Dev Meeting AM	PM	Chief & Council AM	PM	Ec. Dev Meeting AM	PM
CHIEF ROBERT GLOADE	✓		✓		✓		✓		✓		✓									
COUNCILLOR WARD MARKIE	✓		✓		✓		✓		✓		✓									
COUNCILLOR LISA MARSHALL	✓		✓		✓		✓		✓		✓ am x 1pm									
COUNCILLOR ALEX COPE	✓		✓		✓		✓		✓		✓									
COUNCILLOR JAMES STEVENS	✓		✓		✓		✓		✓		✓									
COUNCILLOR CARLEY GLOADE	✓		✓		✓		✓ zoom		✓		✓									
COUNCILLOR ZACHARY JULIAN	✓		✓		✓		✓		✓		✓									
COUNCILLOR CHRIS GOOGOO	✓		✓		✓		✓		✓		✓									
COUNCILLOR ANISSA BLACKMORE	✓		✓		✓		✓		✓		✓									
COUNCILLOR NATASHA BERNARD	✓		✓		✓		✓		✓		✓									
COUNCILLOR STEPHEN MARSHALL	✓		✓		✓ am x 2pm		✓		✓		✓									
COUNCILLOR DANA SYLLIBOY	✓		✓		✓		✓		✓		✓									
COUNCILLOR GARRETT GLOADE	✓		✓		✓		✓		✓		✓									

✓ (check mark) indicates present for the day
 X indicates if absent day, will indicate time left meeting

**GENERAL CHIEF AND COUNCIL MEETING DATES
 ECONOMIC DEVELOPMENT PROJECT CONSULTATION DATES**





Millbrook Early Education Centre

Important Dates in June

Monday, June 5, 2023

- **Centre Closed** for all Students.
- Age 3 Screening 11:00am-2:00pm

TBA: (Notice will go home)

P3 & P4 Class Field Trip

Monday, June 12, 2023

Tipi Rising Event at MEEC
10:30am-12:00pm

Everyone Welcome!!

Wednesday, June 14, 2023

Last Day of Classes for Preschool 3
and Preschool 4 Only!

Thursday, June 15, 2023

Primary- Class Trip to the Wildlife
Park.

Friday, June 16, 2023

- Preschool 4 Graduation Day
- Last Day of Class for Primary
(Children will be dismissed at 12:00pm)

Wednesday, June 21, 2023

Centre Closed for Everyone
"National Aboriginal Day"

Friday, June 23, 2023

**Deadline to submit TINY
TOTS summer camp
registration forms.**

**Please drop off all registration
forms off at MEEC.**

Kind reminder:

Preschool 8:30-2:00

Primary 8:30-2:30

If your child is unable to attend school,
please contact their head teacher.

The Millbrook Early Education Team would like to thank all of our awesome parents & guardians for their support this academic year 😊

You're invited to our Preschool 4 Graduation!

When: Friday, June 16, 2023

Time: 10:00am

Location: Millbrook Community Hall

Who: Immediate families of our graduates.

Children are to be dropped off at MEEC no later than 9:30am and we will be walking up to the hall.

NMULTESNEN (we will see you again) to Miss Allison (Myatt) who is off on maternity leave now. We will miss you!

CONGRATULATIONS to Miss Allison on birth of twin girls Addy and Ayda Martin on Friday, April 28, 2023.

WELCOME our new MEEC teammate, Emma Ryan- Primary Teacher.

Friday June 23, 2023- Early Registration for Millbrook Summer Camps (**Rec Camp, Youth Camp, Sports Camp**) Please drop off registration forms off to MEEC on, or before this date. There will be another date to register children for summer camps the first week of July. Stay posted to Millbrook Newsletter for updates.

Contact Us

902-897-1249 or 902-897-0445

Ext. 101-Assistant Manager-Cheryl
Ext. 102-Preschool 4 (Sue/Amy/Sunshine)
Ext. 103-Daycare (Leslie/Genny/Melinda)
Ext. 104-Preschool 3 (Jessica/Amanda/Levi)
Ext. 105-Primary (Heidi/Emma/Jaquinn)
Ext. 107-Afterschool Program (Leslie/Levi)
Ext. 108-SLP (Christina)
Ext. 109-Manager- Sylvia M. Martin
Manager's Email: smmartin@millbrookfn.ca

MEEC Forms are available at www.millbrookfn.ca located on the forms, policies and bylaws page.



AGE 3 SCREENING

Monday June 5, 2023

11am-2pm

Location: Millbrook Early Education Centre
Door Prizes to be won and light refreshments will be served

Services being provided:

- EARLY INTERVENTION
- HEARING SCREENING
- SPEECH- LANGUAGE SCREENING
- JORDAN'S PRINCIPLE
- VISION SCREENING
- MATERNAL CHILD/HEALTH/NUTRITION
- PRESCHOOL 3 TEACHER



Millbrook Bike Rodeo 2023

Millbrook Security team hosted the second annual Millbrook Bike Rally. We thank Noel Brooks and Adam Francis for preparing and hosting the fantastic event and the sponsors for their contributions. The children were smiling while enjoying the BBQ with volunteers from the RCMP. Door prizes included an Xbox, ps5, Nintendo Switch, 30 bikes, 50 helmets, and many more. The children rode their scooters, skateboards and bikes, enjoying this event with their community.

Sponsors

JG Auto

Councillor Ward Markie
Councillor Garrett Gloade

Denis McLeod

Kent

Councillor Chris Googoo

Matt Cope

Millbrook First Nation

Chief Bob Gloade



Welcome Tammy Bernard, Mental Wellness and Crisis Management Coordinator

The Mental Wellness Coordinator will oversee and coordinate mental health and addictions services in Millbrook and provide direct counselling to adults in the community.



Kwe,

My name is Tammy Bernard and I am a Millbrook First Nation member, born and raised here. I accepted the position as the Mental Wellness & Crisis Management Coordinator at the Millbrook Health Centre. I am a mother of three - Ryan, Marissa and Cole and a Grammy to two - Peyton & Kenai. I bring to this position a two-eyed seeing approach, where I will bring together the best of both Indigenous and non-Indigenous worlds. I have life coaching, wellness counselling and professional counselling diplomas from Rhodes Wellness College in British Columbia. I also completed my Master's of Social Work in Indigenous Studies from

Wilfrid Laurier University. I feel that my life experience, as well as my schooling and valuable work experience, will give me the knowledge I need to plan activities around Mental Wellness for our community!

Wela'lin

Congratulations Janice - Member of the King's Counsel



May 25, 2023, Nova Scotia held their King's Counsel appointment ceremony where Janice Maloney, BA, LL.B., LL.M, K.C. was officially appointed as a member of the King's Counsel.

The King's Counsel is an honorary title bestowed on experienced lawyers who have demonstrated excellence in, and made significant contributions to, the legal profession. The designation recognizes exceptional merit and outstanding contributions to the legal community. An independent advisory committee makes recommendations to the Minister of Justice and Attorney General who determines who will receive the appointment each year.

Janice is the Executive Director for Kwilmu'kw Maw-klusuaqn, where she sits at the Rights Implementation and Consultation tables. She is originally from Sipekne'katik First Nation and now resides in, and is a member of, Millbrook First Nation.

Community and Public Safety Phone Line

To report any security or by-law related concerns or infractions all Millbrook members should call the **Community and Public Safety phone line at 902-956-4164** between 9 am – 4 pm.

Millbrook Security and By-law team now has a new office at 905 Willow Street.

If a community member is in danger or witnesses criminal activity, it is important that they call 911 or the local Millbrook or Cole Harbour, Sheet Harbour detachment of the RCMP. Please note that the security team cannot report incidents on your behalf. For a more detailed list visit <https://www.millbrookband.com/rcmp>.



Millbrook's Security Services

Millbrook's security team is responsible for keeping Millbrook's community safe and secure. They work around the clock and are on call 24 hours a day. Their duties include patrolling the neighbourhoods of Millbrook and Cole Harbour because having a physical presence in the community is a deterrent for minor damage or other unsavoury activities. They are trained to identify unusual activity and pay attention to detail to reduce risks to the community. In addition, they observe and report suspicious activity that may be criminal.

Millbrook Bylaw & Security Contact Information

By-law Officer - Cell (902) 899-5240 e-mail: afrancis@millbrookfn.ca

Millbrook Security - Cell (902) 956-0114 e-mail: security@millbrookfn.ca

Cole Harbour Security - Cell 902-240-0993

Sheet Harbour Security - Cell 902-885-2219



A HOME WITHIN REACH



Are you a Millbrook First Nation member seeking financing for homeownership or major renovations to a home on-reserve?

Millbrook First Nation has developed a program whereby Millbrook members can apply to RBC for a loan of \$50,000 - \$250,000 with a loan guarantee from Millbrook First Nation. This latest program is an opportunity for members to support their individual housing goals.

To access the program and for information on how to qualify for the loan, please contact: Chantel Langille
E: clangille@millbrookfn.ca
P: 902-324-9513



MILLBROOK COMPREHENSIVE COMMUNITY PLAN

UPCOMING ENGAGEMENT SESSIONS

COLE HARBOUR COMMUNITY DINNER

June 6th 5:30 - 7:30pm
At the A Frame
665 Caldwell Rd, Cole Harbour

MONTHLY ELDERS & SENIORS DINNER

**May 25th, June 28th, July 24th,
& August 22nd - 4:30 - 6:30pm**
At the Millbrook Cultural and
Heritage Museum
65 Treaty Trail, Millbrook

SHEET HARBOUR & BEAVER DAM COMMUNITY DINNER

June 8th 5:30 - 7:30pm
Sheet Harbour Legion
23566 Hwy 7, Sheet Harbour

SAVE

THE

DATE

WHAT IS A COMMUNITY PLAN?

The Millbrook First Nation Community Plan will be a forward looking document that sets out what we as a community want our future to be and how to get there.

COME HAVE DINNER AND SHARE YOUR IDEAS!

It is extremely important that the plan involves all Millbrook Communities. You hold valuable knowledge and experience that can inform decision-making and provide guidance for the Community Plan. You have a deep understanding of your community's history, culture, and traditions, and can offer insights into how to create a more sustainable and resilient future in Cole Harbour.

As a community, we will decide how to move forward, establish a vision for our community, identify what's important to us, evaluate our community assets, determine our strengths, what's missing, and create a future that is more vibrant, resilient, and inclusive.

The development of the Community Plan involves four stages and will take approximately one year to complete. We are just getting started!

We are here!



CONTEXT



VISION



ACTION



APPROACH





MILLBROOK CULTURAL & HERITAGE CENTRE PRESENTS:

NATIONAL INDIGENOUS PEOPLES DAY (Unveiling a Part of Mi'kmaw History)

June 21st 2023

Schedule of Events:

- 9:30 - 10:30 Dancer registratgion
- 11:00 Grand Entry (move inside)
- 11:10 Opening prayer - Patsy Paul-Martin
- 11:20 Opening remarks - Chief Bob Gloade
- 11:30 Regalia - Chief Bob Gloade
- 11:40 Former MP Bill Casey
- 12:00 Heather Stevens (Manager)
- 12:10 Deanne Sack (Pipe Carrier)
- 12:20 Unveiling of Regalia
- 12:30 Closing remarks
- 12:40 Cake & Luski
- 12:45 - 3:00 Dance & Drumming

MC:

Michael R Denny, Eskasoni

Arena Director:

Greg Marr, Sipekne'katik

Head Dancers:

Jennifer Maloney, Sipekne'katik

Brady Googoo, Millbrook

Invited Drums:

East Boys

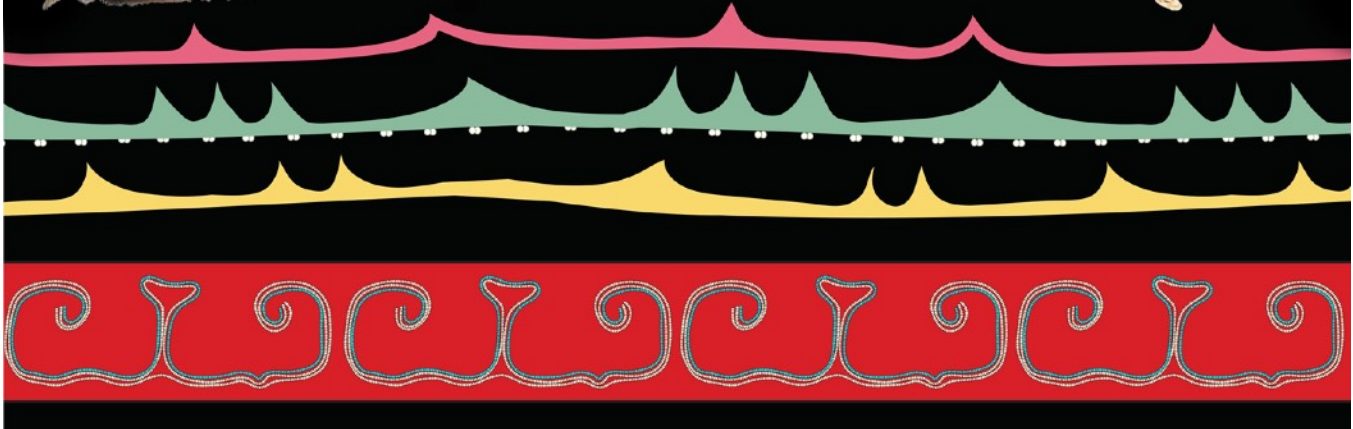
Stoney Bear

Wabanaki Confederacy



Location:

65 Treaty Trail
Millbrook, NS
B6L 1W3





**MILLBROOK CULTURAL &
HERITAGE CENTRE**

NIPD CELEBRATION

JUNE 21, 2023

**CALL OUT FOR CRAFT AND FOOD
VENDORS**

**If you are interested in vending at our
event, phone Heather at
902-843-3493**

**** Vendors MUST supply their
own tables and chairs****



INFORMATION SESSION CUSTOM ELECTION CODE



Dear Millbrook First Nation Members,

Please join us to learn about the new process before it is taken to the community for ratification.

We have hosted a series of engagement sessions regarding the Custom Election Code that was drafted by the Millbrook Election Committee. The committee is comprised of registered Millbrook First Nation members from a variety of backgrounds, diverse ages and experiences. All who applied were accepted. The draft Code is the culmination of their work and months of discussions.

The goal of developing our own election code was to develop a leadership selection process that addressed the challenges posed by the Indian Act process - by exercising our right to self-governance. It should be noted that the purpose of developing a new code is to improve upon the process by which leaders are chosen, NOT to redefine the governance roles of our Chief and Council.

Over the next few weeks we will be sharing the draft with the community for review and input. Additionally, we will be putting pieces of the Code in the community bulletin and newsletter. Ultimately, the community will vote on whether or not to accept the code (tentatively booked for the end of this summer), which is why we are starting the engagement process early – so folks can make informed decisions at the polls.

Check the <https://www.millbrookband.com/custom-election-code> and the newsletter/bulletin releases for content.

If you would like to register for this session, or would like to find out more about the code, email: GGloade@MillbrookFN.ca

Custom Election Code Engagement Sessions

~~May 31st Online engagement session~~

Postponed to

June 15 - Online engagement session



It's that time of year again!

5K RUN/WALK • 10K RUN • 2K KIDS RUN



Join our running community in celebrating healthy living & the spirit of Truth & Reconciliation.

All are welcome to join in this celebration of community and movement. Register for our 10k, 5k or 2k Kids Run! Fuel up post run at the Summer Solstice Breakfast Social (runners will receive tickets for hot breakfast & additional tickets can be purchased for family and friends). Want to walk? No problem! Walkers are welcomed in the 5k.

This year's run includes an outdoor Health Expo.

SATURDAY JUNE 17, 2023
8:00am Warm Up • 8:30am Start
Millbrook Power Centre, Millbrook, Nova Scotia

Visit www.ulnooweg.ca to register.



Special thanks to our sponsors.



Contact us for registration details!
f @ulnooweg • 1-888-766-2376



Mini

CAMP COURAGE

The FIRST RESPONDERS SOCIETY

NEW BRUNSWICK

August 28-31, 2023



An empowering program that introduces young women and gender diverse youth ages 15-19 to careers in emergency services.

Be part of the First Camp Courage in New Brunswick!

Applications accepted until

June 25, 2023.

Limited spaces.

FREE TO ATTEND

Visit campcourage.ca to learn more



SAINT JOHN



2023 COMMUNITY GARDEN PLANTING DAY!



JUNE 15, 2023 - MILLBROOK
COMMUNITY GARDEN
11AM - 1PM

COME JOIN US FOR AN AFTERNOON OF PLANTING!
PICK YOUR PLOT
SEED SELECTION AND PLANTING
BBQ LUNCH PROVIDED

QUESTIONS CAN BE DIRECTED TO THE COMMUNITY GARDEN
COORDINATOR, RACHEL HILL: RHILL@MILLBROOKHEALTH.CA



Youth Survival Camp Age 11-15

The Wilderness Survival Training for Youth program runs on June 24 overnight. Youth must come prepared to learn. This training program focuses on safety outdoors and entry-level wilderness survival and bushcraft skills. The course significantly improves youths' confidence and abilities in the outdoors. They will become closer to nature and will use different tools and sources from the natural environment without damaging wildlife, so they are prepared for unexpected situations. We aim to encourage and cultivate a new generation that cares for nature.

Call Noel Brooks at 902 957-4050

Sponsored by

Millbrook Community and Public Safety

MI'KMAW FAMILY HEALING CENTRE &
THE MILLBROOK HEALTH CENTRE
INVITE YOU TO:

TAJIKEI

I AM HEALTHY

Learning together about daily self-care & practical life skills

GIRLS NIGHT | JUNE 9 | 5PM-8PM
BOYS NIGHT | JUNE 16 | 5PM-8PM

WHERE: MILLBROOK YOUTH CENTRE
AGES: 12-18
TO REGISTER: CONTACT MEGAN MACNEIL AT
(902) 890-0196 OR
MEGAN.MACNEIL@NOVASCOTIA.CA

*Goodie Bags &
Snacks provided!!*

Join us at

**MILLBROOK EARLY EDUCATION CENTRE
FOR OUR**

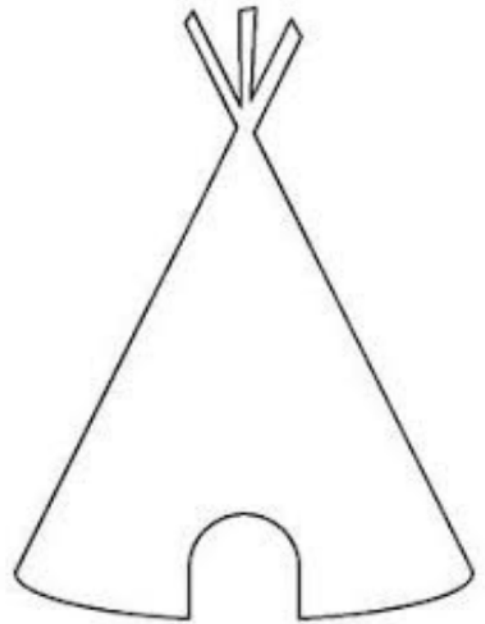
TIPI RAISING EVENT

WHEN

**June 12, 2023
10:30am to
12:00pm**

WHERE

**Millbrook Early
Education
Centre
Playground**



Community members are invited to help raise and celebrate the Tipi with our MEEC students. Join us as we open and smudge the space!

BBQ lunch to follow!

Questions can be directed to:
christenadykstra@millbrookhealth.ca

CELEBRATE OUR JOURNEY

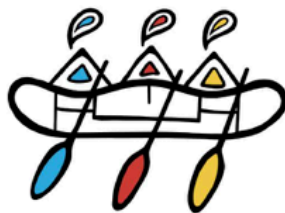
NAIG 2023 Canoe Relay KWITN ASU'NMATULTIMK

DATE / LOCATION: June 28, 2023 from 1:00pm - 3:00pm
At the Millbrook Powwow Grounds

Join us as we celebrate our athletes on the exciting path to the 2023 Games.

Learn more: naig2023.com/canoerelay

**2023 JEUX
AUTOCHTONES**
de l'Amérique du Nord
HALIFAX • NOUVELLE-ÉCOSSE



North American
**INDIGENOUS
GAMES 2023**
HALIFAX • NOVA SCOTIA

 naig2023.com

PRESENTED BY



   @naig2023

Women at Sea

Millbrook Fisheries is looking for **WOMEN** who are interested in obtaining their **MED-DVS (Marine Emergency Duties-Domestic Vessel Safety)** training this summer.

Training is a 3-day course. This course is developed to comply with the requirements of the Marine Personnel Regulations on minimum training in personal survival techniques and fire fighting for Canadian seafarers sailing on board passenger vessels, workboats or fishing vessels engaged on a voyage in Canadian waters.

***Participation in this course does not guarantee work**

******* Registration is limited*******

Please call Dalas at the Millbrook Fisheries office (902-956-1149) to register or by email: dtufts@mfnfisheries.ca



INDIGENOUS GIRLS HOCKEY JAMBOREE



TRURO

Sign up for a full day of hockey development and cultural activities, celebrating Indigenous women and girls in hockey. Registration is FREE and open to Indigenous girls age 6-14. Enjoy on-ice sessions, cultural and physical activities, and lunch! Joining participants is Canadian National Team member and 2023 North American Indigenous Athletics Hall of Fame inductee, Victoria Bach!

REGISTER AT: WWW.THEGENEVEIVEFUND.COM

Saturday, June 11th

Truro, NS

Rath Eastlink Community Centre

For more information, contact Ryan Francis
at ryandouglasfrancis@gmail.com



June 2023 – Millbrook Health Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Hours: Monday-Thurs (9:00-4:30pm) Fri 9:00-4:00pm) Closed for lunch 12-1				1 Dr. Blois 9-2 Tanas NP Michelle Szonja	2 Dr. Blois 9-1 Tanas NP 9-1	3
4	5 Dr. Blois 4-8 Dr. Bauld 9-4 Tanas NP 9-8 Dr. Vance Teresa 9-8 David Ruth 1030-8	6 Tanas NP Jordans Principal Nick -9-4 Ruth	7 Dr. Blois 9-2 Tanas NP David Closed from 230-430 Staff Meeting	8 Dr. Holt 9-2 Tanas NP Michelle Szonja Teeth Cleaning	9 Tanas NP 9-1	10
11	12 Dr. Blois 4-8 Tanas NP 9-8 Dr. Srivatsa Ruth 1030-8	13 Dr. Blois 9-2/Dr. Holt Tanas NP Jordans Principal Nick- 9-4 Ruth	14 Dr. Blois 9-2 Dr. Fraser 9-3 Tanas NP David	15 Dr. Blois 9-2 Tanas NP Michelle Szonja	16 Dr. Blois 9-1 Dr. Bauld 9-4	17
18	19 Dr. Blois 4-8 Dr. Vance Teresa David Ruth 1030-8	20 Dr. Blois 9-2 CRYO Jordans Principal Nick-9-4 Ruth	21 Closed Holiday	22 Dr. Blois 9-2 Tanas NP Michelle Szonja	23 Dr. Blois 9-1 Tanas NP 9-1	24
25	26 Dr. Blois 4-8 Tanas NP 9-8 Teresa David Ruth 1030-8	27 Tanas NP Jordans Principal Nick-9-4 Ruth	28 Dr. Fraser 9-3 Tanas NP David Szonja	29 Tanas NP Michelle Szonja	30	Please call to cancel appts