

Millbrook Community Newsletter

MAY 2021

Greetings,

Millbrook First Nation's administration office is closed until May 13, 2021. During this time most staff are working at home during the two-week provincial lock-down. We will do our best to respond to your inquires and provide seamless service to members, businesses and other organizations that we work with.

Please note the following departmental contact information.

Receptionist - Natasha Bernard

Ext. 101
nbernard@eastlink.ca
Cell: (902) 324-9261

Executive Director - Claire Marshall

Ext. 102
executivedirector@millbrookband.com
Cell 1-902-324-9266

Educational Services - Art Stevens

education@millbrookband.com
Cell: 902-324-9108

By-Law Officer - Noel Brooks

bylaw@millbrookband.com
Cell: (902) 899-5240

Finance - Richard Skelhorn

cfo@millbrookband.com
Cell: (902) 324-9107

Project Engagement - Gerald Gloade

consultation@millbrookband.com
Cell: (902) 809-1309

**Social Development Services -
Barry Martin & Margaret Phillips**

barrym@tru.eastlink.ca
margaretphillips@eastlink.ca
Cell: (902) 324-9110

**Economic Development -
James Stevens**

Ext. 120
james.stevens@eastlink.ca
Cell: (902) 890-1840

**Communications Officer -
Nigel Gloade**

Ext. 119
communications@millbrookband.com
Cell: (902) 324-3379

Employment & Training - Carla Asprey

Ext. 130
millbrookemployment@eastlink.ca

**Millbrook First Nation - Food, Social
and Ceremonial (inquires &
submissions)**

millbrookfsc@eastlink.ca

**Millbrook Security -
Luke Markie & Nolan Martin**

security@millbrookband.com
Cell (902) 956-0114



[Important Announcements](#)

For the latest corona virus information visit: <https://novascotia.ca/coronavirus/>

<https://www.millbrookband.com/covid-19-updates>

To see a visual on COVID-19 in Nova Scotia, please go to:

<https://novascotia.ca/Coronavirus/data>

[The Eskasoni Crisis Line](#)

Toll Free number 1-855-379-2099
(Mi'kmaw and English)



TELEPHONE: (902) 897-9199
TOLL FREE: 1-(800)-693-3112
MILLBROOK BAND ADMINISTRATION
P.O. BOX 634
TRURO, N.S. B2N 5E5

Millbrook Band Office

Mailing Address

Millbrook Band
Administration
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday- Thursday
9:00am-12pm / 1:00pm-4:30pm
Friday
9:00am-12pm

Phone Numbers

Band Office
1 (902) 897-9199
Toll Free
1 (800) 693-3112

Website & Facebook Page

Millbrook's Website - www.millbrookband.com.

Millbrook's Facebook Page - <https://www.facebook.com/MillbrookFirstNation/>

E-mail: communications@millbrookband.com to have your information posted online.

Social Assistance

Social Assistance Cheques are tentatively scheduled for: **Wednesday, May 5 & 19, 2021.**

Available to be picked up at the Band Office while following Covid-19 protocols.
Applications are available at the Reception desk at the Band Office.

ATTENTION SOCIAL CLIENTS: Nova Scotia Power Bills

It has come to the Social department's attention that some clients are having problems submitting Power bills for payment to the social department in a timely manner. Any social client can call NSPC at 1-800-428-6230 and request that they email me (margaretphillips@eastlink.ca) a current copy of your power bill for payment.

Thank you for your cooperation.

Chief and Council Meeting

This months Chief and Council meeting is scheduled for **Tuesday, May 18th, 2021**

The deadline for letter submissions and booking time to see Council is Thursday, May 13th, 2021.

To submit letters or request time to see the Chief and Council contact Nigel Gloade by

Phone: (902) 897-9199 ext:119 or e-mail: adminassistant@millbrookband.com

Next Month Chief and Council Meeting - June 8th, 2021.

May-June 2021

- ✿ **May 18** - Chief And Council Meeting at 9am at the Community Hall
- ✿ **May 25** - Chief and Council Meeting at 9am at the Community Hall (*Consultation 9-11am, Economic Development 11-2pm, & Projects 2-4pm*)
- ✿ **June 8** - Chief And Council Meeting at 9am at the Community Hall
- ✿ **June 15** - Chief and Council Meeting at 9am at the Community Hall (*Consultation 9-11am, Economic Development 11-2pm, & Projects 2-4pm*)

Newsletter Deadline - Thursday, May 20th, 2021

The Newsletter deadline is the 20th of each month.

Send your content to: communications@millbrookband.com,
or use the website contact form at <https://www.millbrookband.com/contact>

Millbrook Bylaw & Security - Contact Information

Bylaw Officer Noel Brooks - **Cell** (902) 899-5240 **e-mail:** bylaw@millbrookband.com

Security Luke Markie & Nolan Martin - **Cell** (902) 956-0114 **e-mail:** security@millbrookband.com

Millbrook By-Law/SPCA NS

Dog by-law services with Millbrook First Nation Community.

The Shelter's phone number is 902-893-7968

If the public wants to lodge a by-law concern for the community, they can call our main dispatch line at **1-888-703-7722** Monday to Friday 8 am to 4: 30 pm This is our cruelty line but call takers are advised that calls from Millbrook may come in through this line. They can also e-mail concerns to animals@spcans.ca. This e-mail is monitored by our Enforcement Officers.

We are looking forward to a great partnership.

Booking the Community Hall

The Community Hall is closed for the public until the Covid-19 restrictions are lifted.

To book the Community Hall please contact **Nigel Gloade at (902) 897-9199 Ext 119.**

Thank you to those who continue to keep the hall, clean, neat and tidy.

Please try to book your event early, preferably a minimum of 2 weeks in advance.

Barry Gloade Retired as the Director of Post-Secondary Education

Friday April 23, 2021

The new contact for the Millbrook Post-Secondary Education program is Arthur Stevens, the Millbrook Director of Educational Services. If you have any questions, please contact Mr. Stevens at education@millbrookband.com or by telephone at 902-897-9199 Extension 117 or cell at 902-324-9108.

Yours Truly,

Barry Gloade, Director
Post-Secondary Education

Community Mapping

Millbrook will be conducting on-reserve community mapping to help our health centre staff and emergency management team address the COVID-19 virus. We will start this work in May.

Each house in Millbrook, Beaver Dam, Cole Harbour and Sheet Harbour will be contacted by a fieldworker who will ask a short list of questions. You will be asked about your health status, health care needs and status of vaccination.

Your participation is greatly encouraged, because this information will help identify vulnerable households, prevent the spread of the virus and improve emergency response efforts. We're all in this together.

Participants will have their names entered into a draw for the chance to win gift certificates, camping gear, a TV, an iPad and a BBQ.

For more information about community mapping and Millbrook's work, please contact Colin Bernard at: colinb@millbrookhealth.ca or (902) 895-9468.

Summary of Millbrook First Nation's Regular Chief and Council Meeting Held on April 13, 2021

Presentations to Council

TE Wealth & TD Wealth

- Presentation on investment strategies for the Millbrook First Nation's 1919 Land Trust Account (i.e., how much money MFN could earn if the money is invested for a long period of time versus if MFN wants to spend the money on community projects immediately or in the short term).
- Chief and Council expressed their intent to engage the community on general ideas on how to spend the money before making any long-term investment decisions.

Energy Efficiency NS

- Presentation on the Community Building Energy Savings Program.
- Through Millbrook's energy assessments, \$20,000 a year of energy savings and/or opportunities were found where the investments will be paid back over 8-10 years.
- Millbrook had the most participation in the Community Building Energy Savings pilot in the entire province.

Council made the following resolutions to:

- Implement a robust new software system for financial and operations management brought forward by the CFO. The system can handle the budgeting and reporting requirements of the funds, departments, and programs managed by the organization.
- Accept Millbrook Finance Department's proposal to develop a comprehensive financial policy and procedures manual with the assistance of MNP.
- Join all NS First Nations in seeking a Declaration from the courts stating that DFO's management of the fisheries is an infringement on Mi'kmaw rights.
- Increase the maximum per household Housing Repairs Grant from \$500 to \$750 and for seniors from \$750 to \$1000.
- Pursue the purchase of two private properties in Beaver Dam adjacent to Millbrook's reserve to be added to the Beaver Dam reserve if the acquisition of the properties is successful.
- Provide a donation of \$5000 to the Immaculate Conception Church towards the enhancement of art features and a new statue of Mary.
- Initiate the planning process for building houses in Beaver Dam and Sheet Harbour by reviewing and re-visiting the existing infrastructure plan.
- Provide a donation of \$5000 in support of the search efforts for fishing captain Jumbo Sock and vessel Tyhawk.

Millbrook First Nation Chief and Council also reviewed and discussed several letters of request from community members. Those items were delegated to staff for appropriate action.

MILLBROOK
FIRST NATION



COVID-19 VACCINATION



**MAY 11 TH &
MAY 12TH**

MILLBROOK HEALTH CENTRE

Open to Millbrook Band & Community Members On/Off Reserve (16 yrs & older) and Millbrook Community Organizations.

To Book an appointment please CALL the Millbrook Health Centre Monday - Thursday between 9:30am -12pm & 1pm - 4pm

HAVE YOUR MSI CARD READY UPON BOOKING. IF YOU DO NOT HAVE A MSI CARD CALL 1-800-563-8880

WHAT YOU NEED TO KNOW

When you come to your appointment, we ask you to wear a mask and a short-sleeved t-shirt.

Health Centre

Mailing Address

Millbrook Health
Centre
P.O. Box 634
Truro, NS. B2N 5E5

Business Hours

Monday- Thursday
9:00am-12pm / 1:00pm-4:30pm
Friday
9:00am-12pm

Phone Numbers

Health Centre
1 (902) 895-9468
Toll Free
1 (844) 895-9468

Medical Services at the Health Centre

Millbrook band and community members can access medical services at the community Health Centre by calling to book an appointment with the physician or asking to be assessed by the nurse.

At the Health Centre, patients are triaged according to how sick they are, risks of worsening, and care needs based on their presenting signs and symptoms using a triage system (<https://ctas-phctas.ca/>) to prioritize patient care.

Therefore, upon calling for assessment or arriving at the Health Centre for an unscheduled appointment, each patient will be asked questions relating to the nature of their visit and a nurse may then do a physical assessment including vital signs.

Based upon the triage nursing assessment, each patient's needs will be cared for in an appropriate manner. The nurse may discharge the patient with instructions including medication, ask the patient to book a follow up appointment, or consult the physician on call.

Public Notice on Contact Tracing Scam

Some people in Nova Scotia have received emails from Nova Scotia Health indicating that they are part of contact tracing. Nova Scotia Health (Public Health) does not use email to contact individuals as part of contact tracing. This is a scam so please do not respond to that type of email.

Medical Drivers

Donna Gloade

Home: (902) 895-9540 Cell: (902) 986-8842

Ella Paul

Cell: (902) 956-2679



Attention: New Millbrook First Nation Members Under 19 Years of Age

For Millbrook First Nation members under the age of 19 years, the Millbrook Enterprise Credits are placed in a trust fund. When Millbrook members reach the age of 19, they must apply to Millbrook First Nation to have their Millbrook Enterprise Credit money released from the trust. The application form can be found at <https://www.millbrookband.com/s/Millbrook-Enterprise-Trust-Fund-Credit.pdf>

Please note that as of April 2020, Millbrook First Nation does not automatically receive all information on new registered members so that means that new members under the age of 19 years are not guaranteed to be added to the minor's trust list.

Please contact Priscilla Martin at priscillamartin@eastlink.ca with your name, date of birth and band number so that we can add you to the minor's trust list. Once you have been added to the minor's trust, no further applications are necessary until you reach 19 years of age.

If you are aware of any other new Millbrook First Nation members, please contact Millbrook First Nation.

Wela'lin

MILLBROOK FIRST NATION: MODERATE LIVELIHOOD QUESTIONNAIRE

Millbrook Chief and Council is working on a plan to define a Moderate Livelihood for our community and to eventually establish a "Moderate Livelihood Fisheries Management Plan." Based on band member guidance and a community ratification process, Chief and Council will develop and implement a community-based regime to address interim and long-term Moderate Livelihood access and management solutions.

Millbrook and the Mi'kmaw Conservation Group (MCG) have worked together to develop a Moderate Livelihood Questionnaire that will help in the development of a Moderate Livelihood Management Plan. The survey is intended to gather perspectives and assess the community's needs for the writing of a management plan.

This is an opportunity for band members to be part of the defining of Moderate Livelihood for our community. Please take the time to complete the questionnaire by Sunday, May 16th, 2021.

LINK: <https://www.surveymonkey.com/r/X7FSBMD>

New Nurse Practitioner - "Tanas" Sylliboy

Athanasius "Tanas" Sylliboy
he/him/nekm pronouns

is a Mi'kmaw Nurse Practitioner from Eskasoni First Nation. His educational background includes a Bachelor of Science in Nursing degree obtained from Cape Breton University, and Master of Nursing degree from Dalhousie University. He is also currently working in collaboration with Aboriginal Children Healing & Hurt Initiative (ACHH) at the IWK. His interests include anti racism, pediatric pain research, chronic disease management, youth health, mental health, and utilizing Mi'kmaw language in care. Tanas has worked many facets of nursing across the province including emergency care, pediatrics, wound and home-care, and primary care.





Environmental Assessment Process

The process for building a mine is in-depth and very thorough. You may have heard about our future mine projects - we want you to know the work that goes on “behind the scenes” to ensure that all our projects are environmentally sound and responsible. Below, you’ll find all the steps of the Environmental Assessment Process.

- 1 Project Description** • Develop a description of the proposed project and submit to the Impact Assessment Agency of Canada (IAAC)
- 2 Baseline Information & Engagement** • Adjust Project Description based on additional technical information and Indigenous and community engagement.
- 3 Validate Information** • Ensure that the information provided has been fully validated by those affected by the Project including Indigenous communities and other stakeholders.
- 4 Complete and Submit Environmental Impact Statement (EIS)**
Complete and submit the EIS to IAAC
- 5 Engagement** • Update EIS based on engagement and validation
- 6 Approvals & Follow-up**

Engagement is a part of all of our future plans and will continue to happen through the life of our projects.

The **Beaver Dam Project** is at Step 5 in the process. Through Millbrook’s Community Engagement Officer, Atlantic Gold is engaging with Millbrook local land users to understand and document the community members’ views on the EIS conclusions as well as on the proposed mitigation and monitoring measures. Atlantic Gold will take those views into consideration when revising and resubmitting the EIS and during all phases of the future proposed mine. We would like to involve interested local community members directly in our environmental programs if possible.

The **Fifteen Mile Stream Project** is at Step 4 in the process. The EIS has been submitted and is being reviewed by Indigenous communities and groups including Millbrook First Nation. Atlantic Gold is looking forward to working with Millbrook and other Mi’kmaq communities and groups to help fill information and knowledge gaps, especially in relation to current and future Mi’kmaq land use for the area.

We encourage you to reach out to **Gerald Gloade, Millbrook’s Community Engagement Officer** to learn more about the Environmental Assessment Process, or to pick up your copy of our Environmental Impact statement summary.

Lisa Julian
 Virtual Assistant
 Overseeing your day-to-day
 business needs.



Visit our Facebook page for more information:
 Lisa Julian Virtual Assistant
 or call

902-814-2564

Monday-Thursday starting @ 530 PM Saturday starting at 10 AM



Employment Opportunity

Administrative Assistant

Millbrook First Nation (MFN) is seeking a self-motivated professional for the full-time position of Administrative Assistant for the Millbrook First Nation Administration Office location in Millbrook. The Administrative Assistant reports to the Executive Director and is responsible for providing administrative and clerical supports to ensure daily operations are maintained effectively and efficiently.

Job duties include but are not limited to:

- ✦ Participate in Council and other MFN administration meetings/committees; transcribe meeting notes into formal minutes, and distribute minutes to appropriate parties within clear timelines.
- ✦ Schedule meetings and prepare information/documentation required for meetings ensuring that the appropriate facilities, rooms and equipment are booked.
- ✦ Track and coordinate any follow-up or action items flowing from the Council and committee meetings.
- ✦ Assist with the preparation of Council meetings such as collecting staff reports, editing of reports, developing or compiling relevant documents, presentations, policies and procedures.
- ✦ Maintain confidential records and files.
- ✦ Carry out all related administrative duties such as filing, word processing, copying and scanning.
- ✦ Receive and distribute mail and correspondence to the Council and prepare draft responses.
- ✦ Provide receptionist substitution when schedule allows.
- ✦ Perform other related duties as required and assigned by the Executive Director.

The successful candidate must possess the following qualifications:

- ✦ College degree/certification in Business Administration or an acceptable combination of relevant education and experience.
- ✦ 3-5 years in an administrative role preferred.
- ✦ Proven knowledge of office administration procedures.
- ✦ Excellent transcription, writing and word processing skills
- ✦ Ability to take detailed minutes
- ✦ Strong attention to detail and organizational skills
- ✦ Experience taking and producing minutes in a timely fashion

- ✿ Typing speed of approximately 65 words per minute
- ✿ Ability to handle multiple projects, assignments within clear timelines.
- ✿ Knowledge of Council and First Nation administration systems is an asset.
- ✿ Ability to maintain a high level of accuracy and confidentiality concerning all business.
- ✿ Strong computer skills, including familiarity with Microsoft Office Suite

Salary: \$33,000.00 - \$40,000.00

If you have any questions, please contact:

Carla Asprey

Native Employment Officer

Millbrook Administration Office

Phone: (902) 897-9199 ext. 122

Email: millbrookemployment@eastlink.ca

Application deadline:

Please submit your resume, cover letter and three references to the Millbrook Administration Office by April 29, 2021, no later than 4:30 pm.

Preference will be given to Millbrook First Nation Members or individuals of Indigenous descent.

COMMUNITY NUTRITION PROGRAMMING

WE NEED YOUR VOICE



Take part in the planning
for community nutrition
programs and initiatives
by completing this survey:

<https://www.surveymonkey.com/r/NRGRPJR>

Thank you!



May – Millbrook Health Centre

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 No Walk-ins please; appointments only!	3 David Ruby	4 Dr. Blois Ruby Dr. Phil Health Centre closed from 3-4:30pm	5 Dr. Blois David Szonja	6 Dr. Blois Szonja Michelle	7 Open 9-12	8
9 Nurses week May 10-May 16	10 Dr. Bauld David Meaghan Ruby	11 Ruby Cov 19 Clinic-Health Centre-CLOSED	12 David Szonja Cov 19 Clinic-Health Centre-CLOSED	13 Dr. Blois Szonja Michelle Drop off full insulin containers & expired prescriptions 10- 11am, 2-3pm only please!	14 Open 9-12	15
16	17 David Meaghan Vance Ruby	18 Dr. Blois Ruby Dr. Phil	19 Dr. Blois Dr. Bauld David Szonja	20 Dr. Blois David Szonja	21 Open 9-12 Administrative Assistant Day	22
23	24 Victoria Day CLOSED	25 Ruby Meaghan Cov 19 Clinic-Health Centre-CLOSED	26 David Cov 19 Clinic-Health Centre-CLOSED	27 Dr. Blois David	28 Open 9-12	29
30	31 David Meaghan/Ruby Vance					

For Immediate Release on April 19, 2021

**TOWN OF TRURO DEER MANAGEMENT WORKING GROUP URGES
RESIDENTS NOT TO FEED THE DEER**

The Truro Deer Management Working Group continues their work to build a Deer Management Strategy for the Town of Truro. Part of the overall strategy includes working towards changing human behaviours and attitudes, as long-term success in reducing the urban deer population will be heavily dependent on changing the human/deer interactions that currently exist.

As part of this, the Working Group is urging residents not to feed the deer population in Truro. Late spring and early summer is when fawns are born and this represents the season with the highest deer population. While many factors affect deer reproduction, one major factor is the availability of food in an area. Therefore, it's crucially important for deer management that all residents do their part to help to control the deer population.

Over the next few months, the Town of Truro will be highlighting the importance of not feeding the deer, and also promoting deer deterrent gardening options and techniques for residents to consider.

Changing human/deer interactions in the Town of Truro is one major component to controlling the urban deer population. If effective, it could help to reduce the need for more invasive control measures.

For more information contact:

Alison Grant
Manager of Economic Development
Town of Truro
(902) 893-1424
agrant@truro.ca



Millbrook Housing Repair Grant 2021/22
Application Form
P.O. Box 634, Truro, N.S. B2N 5E5

Office use only: Received this ____ day of ____ A. D. 2021/22
Chief Financial Officer or designate: _____

Please Select: Mail: _____ Pick Up: _____
Application Name: _____
Band #: _____ Senior (65+): _____
Phone #: _____ E-mail: _____
Mailing Address: _____

All Millbrook Band Members are entitled to apply for the Millbrook Housing Repair Grant.
For every housing unit (except private rentals) occupied by Applicant, a reimbursement of up to \$750.00 will be made to the homeowner for repairs once this year. For every Senior homeowner \$1000.00. This applies only if you do not qualify or do not receive Social Assistance.
Application date for this housing initiative begins April 1, 2021. Receipts dated before April 1, 2021 will not be accepted. This application expires March 31, 2022.

Original receipts are necessary and must be dated within that year, with applicant's name (IMPRINTED ON RECEIPT/INVOICE FROM SUPPLIER), excluding labour.

Housing units that are private rentals are not eligible for repairs.

Allowable Housing Repairs:

- Roof Material.
- Exterior doors and windows including storm/screen doors.
- Heating systems including boilers (hot water or steam), forced air furnaces, chimneys, and related components.
- Domestic hot water tanks, septic tanks, and tile beds.
- All household Appliances.
- Toilets, tubs, sinks, and faucets.
- Smoke detectors, light fixtures, ceiling fans.
- Construction materials, paving, and gravel.

Housing Unit must be in the name or owned by Applicant.

- ___ Off Reserve Homeowner, Documents attached showing home ownership.
___ On Reserve, Band Allotment Documents at Band Office.
___ Original Receipts with Applicant's name attached.

Signature of Applicant _____ Date _____

Office use only: Approved () Not Approved ()
Executive Director: _____

